

To establish harmony between the spiritual and material worlds, Ananda Marga advocates a balance between the internal and external aspects of life. Self-realization is the foremost duty of human beings. But at the same time we cannot neglect our social duties and responsibilities, as this world is also a part of the Supreme Being. The universe, having been created of and by Him, exists within Him – is a part of Him. As such, all created beings are His children, part of the one cosmic family. Love for His creation is the same as love for Him. To neglect society would only hamper personal progress because one would be neglecting the very thing one is trying to attain. Ours is a subjective approach with objective adjustment. That is, it is a balance between personal development by expansion of mind through meditation, and the fulfillment of social responsibilities by selfless service.

The social philosophy of Ananda Marga is one of universalism: fraternity for all creatures of the universe; not just human beings, but animals and plants too. "It is the cosmic ideal alone which will unify humanity," because only when one realizes the unity in all diversity can the feeling of love for every created being be developed, transcending all apparent differences. Love for God implies love for all as a part of Him; as members of the same universal family.

"The social philosophy of Ananda Marga advocates the development of the integrated personality of the individual." All should be afforded equal opportunity for their development. Ananda Marga advocates a world of unity, security and peace for all.

"Human society is one and indivisible. Don't try to divide it.
Each and every individual should be looked upon
as the manifestation of the Cosmic Entity."

Shrii Shrii Anandamurti

