

Sun 27th Feb-Wed 2nd, Mar 2011

AMURT.NZ

Christchurch
Earthquake
Response

AMURT workers: Dharmanistha, Didi A Devanistha, Madhumita, Shankar

Additional workers on the day: Cynthia, Camilla, Mary-Jane

Base of Operations: Avonhead Road. Mary-Jane and Brian's home. (Madhu's parents)

At base

Had a visitor (Chch resident) that needed a sit down talk and listen session.

Lyttelton:

 (Didi and Shankar)

After a call the previous night from the Lyttelton Welfare Centre saying they had run out of After Shock Remedy, The team went there to deliver more. They also delivered Tofu to Cynthia to distribute.

Rapaki Marae:

 (Didi and Shankar)

Dropped some After Shock Remedy. Marae is being used for first-aid and accommodation.

Rolleston:

 (Dharmanis'tha)

Worked with three people (using counseling/coaching skills) in the house variously effected by the earthquake (i.e. families lost homes, no work as result of earthquake, etc).

Dharmacakra:

 (All)

Was at Thom, Bonnie and Baby Kahu's place. They had no running water except what was stored in the hot water cylinder, and the toilet was outdoors. They had power on in their part of town.

Able to catch up with old friends and meet new people.



This house near Lyttelton had been destroyed by a boulder



Rehua Marae: (Didi and Dharmanis'tha)
This team went to the Marae for Recovery counseling



Others :

- Checked in with friends, took After Shock Remedy. Heard their stories around the earthquake. Very inspiring.
- Prepared packaging for the expected Rescue Remedy pills..

Monday 28th February.

Base: (Madhu, Dharmanis'tha and Didi)
Contacted the courier company. They had not yet sent the pills, believing the post was out in Christchurch.

Hare Krsna's:
Delivered half the remaining tofu to the Hare Krsnas, plus the last of the donated food we had brought down.

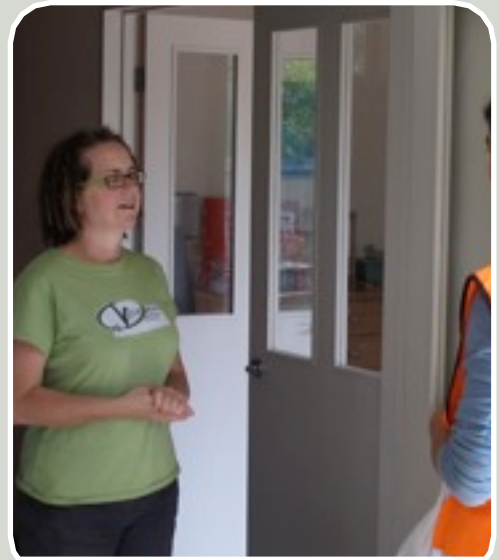


Vegetarian Society:

Yolanda's (President of the Society in Christchurch, with 800+ members)) family had been forced to sleep on one side of the house since the earthquake in case the next-door house landed on theirs. Yolanda was happy to have some After Shock Remedy.

The Team left her the last of the tofu to redistribute and the last of the After Shock Remedy. Driving back home to Nelson.

Utilised the time to debrief and brainstorm ideas about Amurt as a result of our experience in Christchurch.



Tuesday 1st March: (all)
Skype meeting in the evening to debrief and share our own highlights and learnings. Very inspiring.

Wednesday 2nd March:
Interviewed by reporter from The Guardian in Motueka.

~ baba nam kevalam~

