





## **AMURTEL Romania 2014**

## Spreading Neohumanism

The overall focus of 2014 has been to share our Neohumanist values of inclusion, ecological interconnection, personal development and volunteer spirit through trainings. Through the "We all have a story" project, funded by a Norwegian grant, we are in the process of training 100 kindergarten teachers in diversity education, helping them to overcome stereotypes and barriers to inclusion as well as to learn specific techniques to promote greater inclusion in kindergartens.

AMURTEL opened a new social enterprise, the Morningstar Holistic Wellness center - to express the personal development and self-care component of our philosophy and offer trainings in these areas. We have hosted several permaculture events, to promote the design of natural ecological systems, and we have a new European Voluntary Service project underway.







The Morningstar Center opened in the summer of 2014, and includes massage therapy, ayurveda, yoga, meditation and qigong.













Pilates, yoga and meditation classes attract a variety of students - even a stray cat!





One of our first juice detox programs at Morningstar.







Vegetarian cooking classes have been popular.







Sudiipa Gradinetti, an ayurvedic expert from Italy, taught ayurvedic massage to students with visual disabilities and led an intensive workshop at Morningstar.









Our annual outdoor adventure camp with the Familia AMURTEL youth is an excellent chance for them to develop life skills.













The adventure this year included two overnights in the wilderness, as well as cooperative and challenging exercises in the ropes course.









The Fountain of Hope Afterschool Center - feeding 62 children from the poor rural village of Panatau as well as organizing enrichment activities to stimulate a love of learning and active citizenship.







"Passing the Torch" a project funded by "Terre des Hommes"- the kids from Fountain of Hope got to try out adult jobs for a day!









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Vistara Social Integration Program - our young adults from Familia AMURTEL are doing well!







The young adults from the Vistara program working at the farm together with volunteers and the farm team.







Our new group of "Erasmus Plus" EVS volunteers - learning about permaculture to use in their work with the children of Fountain of Hope and the kindergarten.









The farm produced more than 5 tons of vegetables and maintained 32 urban clients in the Community Supported Agriculture system.







A record blizzard dropped such heavy snows that a new greenhouse collapsed, which was a disappointing setback.





We rebuilt back better thanks to the help of "Amici Nel Mondo" in Italy and other donors. Here is our core farm team - Cristina, Violeta and Daniela.





























"We all have a story" - training 100 kindergarten teachers in inclusive education - a project that will last 2 years.







Didi also gave Neohumanist education training to the staff of an AMURT intervention in Lebanon for Syrian refugees.







Our Neohumanist kindergarten in Bucharest! "Let's discover the world", "I love" and "I can help" are our core themes!







A visit to a nursing home, learning to press oils from seeds and recycling paper.







A special earth day experience with a nature elf looking for a lost fairy!





The children helped to find the fairy and spent the day learning about nature together with her and the elf.









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Thank you for believing in us!

Our donors are the ones that help the magic to happen - so thank you so much to those of you that have supported us and we hope that more will join us this year!

