



Ananda Marga
Universal
Relief Team

Community leaders
like Josephine
make all the difference.
You can too.

Empowering People,
Inspiring Change.

Disaster Relief & Grassroots
Community Development

To learn more about AMURT's
work or to donate online please
go to www.amurt.co.uk

**Our work continues only because of the generosity
of people like you.**

**Every £1 you give to AMURT goes a long way and a
regular donation is especially valuable, as it helps us
to plan ahead and meet our commitments to partner
organisations in country.**

- * £35 would pay for a new bed with mattress and linen in one of our Health Clinics
- * £40 would pay for a TBA kit in Ghana
- * £90 would pay for a well-equipped Traditional Birth Attendants (TBA) kit in Burkina Faso
- * £90 would pay for the construction of one pipe, its fittings and cement
- * £100 would pay for the school materials for a year of one child in our Lotus Children's Home in Accra (Country?)
- * £700 would pay for 1 km of PVC pipes for taking clean water to a new village on our Mafi Zongo Project



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Who we are

- * AMURT is an international relief and development organisation, founded in India in 1965.
- * We have grassroots relief teams and development projects in over 30 countries. Our greatest strength is our wealth of human resource, particularly the dedicated local people and our experienced, life-long volunteers, many of whom have sacrificed careers and material comfort to serve others.

What we do

- * We work with local people and resources to relieve immediate suffering and empower local communities to be self-sustainable in the long term.

We see people as capable of achieving far more than they often imagine. We support them, within their own social, cultural and religious context, to realise their full intellectual and spiritual potential.

Our approach

- * We believe that real progress comes with the all-round development of individuals and their communities.
- * We empower individuals to be the bright, free thinking drivers of change needed in their local communities.
- * Through this, community leaders learn the principles of responsibility, love, morality and leadership, helping to uplift the whole community.

Josephine and the Mafi Zongo Water Project

Ghana

When Josephine moves through the village ringing her bell, the women respond. Born in Kpokope, she is a mother, a grandmother and a hardworking farmer. The water project has been a great test for her as time and again the organisers turn to her for assistance. Whether having to transport pipes, fill up the trenches or carry blocks to the top of the hill she always responds with a smile, leading the women on with her gracious example.

Amurt Empowers Communities

It takes dedication, determination and hard work to empower local people to bring about change. That is what AMURT is all about. Josephine is one of many people whom we work with to strengthen their communities through AMURT projects. A lot of our work focuses on health care, education and construction, but because we always respond to the particular needs of the communities we work with, our projects vary enormously around the world.



AMURT IN GHANA

Every year 5000 children die from drinking dirty water. In the hot dry Volta Region, in Ghana, a constant supply of clean water is difficult to get. AMURT has helped 23 communities to build their own water tower and pipe clean drinking water to 9,000 people. This has eradicated the dangerous water-borne disease, guinea worm, in the area.



Fanta and the Midwifery Training Project

Burkina Faso

In a culture where age is revered, Fanta, still in her 20's, won the confidence of the women in her community. Within months of the midwifery training organised by AMURT, Fanta regularly delivered as many babies as some of the most experienced midwives in the project area. She is a rare and inspiring example of what this neglected area needs more than anything else: a leader and role model for other young women.

AMURT IN BURKINA FASO

In Sub Saharan Africa 1 in 16 women die from pregnancy related illnesses. In the desert tribes of Burkina Faso where women traditionally give birth without access to professional assistance, this figure is even higher. Our women's branch, AMURTEL, has successfully trained and empowered 29 local women, like Fanta, to assist expectant mothers in their communities in giving birth.

Yes, I would like to support AMURT by making a singular or regular donation.

Name

Address

Postcode

Telephone (day)

Telephone (eve)

Email

AMURT will hold your details securely and confidentially. Please tick if you do not wish to receive information about AMURT's activities ☐, information from other carefully selected charities ☐.

I would like to make a REGULAR donation by standing order.

(Please send direct to AMURT not your bank.)

To: The Manager Bank

Address

Postcode

Account number

Branch Sort Code

Account name Date

Standing Order instruction to the account of AMURT, sort code 40-06-27, acc. no. 91095021

Amount to be paid monthly/quarterly/annually (delete applicable)

☐ £2 ☐ £5 ☐ £10 ☐ £15 ☐ Other £

Date of first payment

Signature

I would like to make a SINGLE donation.

I enclose a check/postal order made payable to „AMURT“ for £

Gift Aid Declaration

If you are a UK taxpayer, you can make this and any subsequent donations to AMURT worth 28% more at no extra cost to you. Simply tick the box below:

☐ I would like AMURT to reclaim the tax on this and any future donations until further notice. I will pay as much income or capital gains tax as AMURT will reclaim in the tax year.

Date

Signature

Please send this completed form to AMURT, FREEPOST, 3a Cazenove Road, London, N16 6PA