

# Mahavishva

## The Great Universe

November  
2005

ANANDA MARGA PRACARAKA SAMGHA  
Newsletter for Hong Kong Sector

English  
Edition

*A'nanda Ma'rga*  
1955-2005

50<sup>th</sup>  
Anniversary

***Golden Jubilee Souvenir***

## *In Memoriam*



### **Acarya Samanvayananda Avadhuta 1922-2005**

*Dada Samanvayanandajii was the second Avadhuta of Ananda Marga. Baba personally initiated him as Kapalika and he received his Avadhutaship in 1962. He was a great devotee of Baba and in the early days of Ananda Marga he worked hard in the headquarters in Ananda Nagar where he practiced Kapalika sadhana almost everyday. He was certainly a realized soul and was known as Mini Baba due to his occult powers which he achieved by the Grace of Guru. He was simple and humble in nature and he wrote a few books including one on co-operatives, of which he had deep knowledge. Even at the age of 83 he worked tirelessly and was doing pracar work in Hazaribag the day before his mortal departure. Dadaji died on November 4th at about 6.30am in Chas Hospital Near Bokaro city. He died while working for Baba's Mission as per his Gurus desire. He was an inspiration to us all and will be missed by many.*

# Mahavishva

## The Great Universe

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Shrii Shrii Anandamurtiji

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## Messages

I send my best wishes for this Golden Jubilee souvenir, Mahavishva, published by Hong Kong sector. May the Almighty Lord bestow His Grace upon the souvenir.

Ac. Dhruvananda Avt.  
General Secretary  
Ananda Marga Pracaraka Samgha

It gives me great pleasure to witness the successful production of this unique souvenir for the reading pleasure of all Margiis. This magazine serves as an important tool to convey the latest news and happenings related to Ananda Marga in the Hong Kong sector and serves as a medium that enables us to chart our work progress. I wish to take this opportunity to congratulate the editorial team for a job well done. I also extend my good wishes for this magazine and sincerely hope that all Margii brothers and sisters are benefited by this effort and will be continually inspired to do more of Baba's work in the future.

Ac. Shubhaniryananda Avt.  
Sectorial Secretary  
AMPS Hong Kong Sector

Human beings are the most dignified and evolved species on the planet. This is the end of the Kaliyuga, so all the creatures including human beings are suffering. Since human beings are the most evolved they have more responsibility towards all creatures to help their development.

We are very fortunate that at the right time we got the proper guide who can lead us to reach our goal. So this is the duty of all Ananda Margiis to bring Baba's ideology to every corner of the world. On this 50th anniversary of Ananda Marga let everybody take a target to bring everyone on the path of bliss. Baba is always with us to help us.

Avtk Ananda Kaostubha Ac.  
Sectorial Women's Welfare Secretary  
Hong Kong Sector

It is with great pleasure that we present for you this Golden Jubilee 50th Anniversary souvenir magazine of our Ananda Marga activities throughout Hong Kong Sector. Within you will find stories and photographic coverage on the hard work and sacrifice of acaryas, LFT's and family margiis – all done in the spirit of love and human welfare so ideally demonstrated for us in the life of our Beloved Gurudeva, Ba'ba'.

As you will see, Ananda Marga's activities extend from the icy winters of ancient Siberia and Far East Russia, through the great oriental cultures of Korea, Japan, China and Taiwan, to the bustling metropolis of Hong Kong. Our service efforts include numerous peoples whose countries saw the famous Silk Road when the East first met West. Many of these old cultures, such as Kazakhstan and Uzbekistan, are as countries actually quite new to the world scene.

So it is with great happiness that we bring you this special souvenir magazine on this historic anniversary. Let us all take great joy in our success thus far and redouble our efforts to bring Ananda Marga's wonderful spiritual philosophy and practices and dedicated humanitarian social service to more and more of the people of this world.

Ac. Manavendrananda Avt.  
Public Relations Secretary  
Hong Kong Sector

## Publisher's Note

This issue of *Mahavishva* is especially published for the 50<sup>th</sup> anniversary of Ananda Marga Pracaraka Samgha. This significant milestone in Ananda Marga's history is commemorated joyously by Margiis the world over. One of the main events is the *Dharma Maha Sammelan* (DMS), which is held in most sectors of the world, including New York sector, Berlin Sector and several places in Manila sector. In India alone, DMS is being held in at least five places.

Whilst *Mahabharata* means 'Great India', *Mahavishva* signifies 'Great Universe'. At the time of Lord Kṛṣṇa's arrival on earth, India was divided into many parts, states and kingdoms. There was much war and clash among the many kings. It was during this period that He (Lord Kṛṣṇa) created a drama in which the good (*dharmic*) and evil forces (*adharmic*) were polarized. Lord Kṛṣṇa's actions caused relatives and brothers on opposing teams to fight against each other. The war was indeed a painful one as many lives were lost. But by staging this war, He demonstrated the importance of taking the side of *dharma*, even if it means waging a war against one's own brothers. Eventually, the Pandavas (on the side of *dharma*) emerged victorious. The essence of the *Mahabharata* war is; if one takes the shelter of *dharma*, victory is a certainty. The *Mahabharata* serves as an important reminder that one must follow the path of *dharma* at all cost.

In my point of view, *Mahavishva* is a great universe where people of all cultures, countries and planets come together to form a singular human society. This is a timely concept as the society at present is suffering from every sphere of life – physical, mental, spiritual, emotional, cultural, environmental, etc. Imbalance in these various aspects of human life has caused a majority of people to lose their peace of mind. In this regard, Ananda Marga aims to help people to create all-round balance in their lives. This mission also extends to include plants as well as animals, which are important components of this planet. Ananda Marga's philosophy is based on spirituality and necessitates a happy blending between the east and the west. It is thus essential that spirituality be based on universalism and not on any other 'isms' that portray a dogmatic philosophy of life and narrow sentiments.

In reality, Baba has set an immense task for us – to establish a 'true human society'. This appears to be a daunting task, with many seemingly insurmountable obstacles. Baba has in fact completed most of the task on our behalf, and all that is left for us to do is to 'remove the curtain'. In the course of carrying out His work, many difficulties may arise, but by His Grace alone, they can be overcome. Baba has said that problems can never be bigger than our capacity to solve them. Hence, armed with His Sweet Grace, we have a great opportunity ahead of us to establish His mission.

Mahavishva

November 2005

Hong Kong sector covers a huge area and represents a very large population attributed to countries such as China, Russia and Mongolia. It also includes highly developed countries such as Japan and Korea, renowned for their technological advances and expertise. As the existing psyche of these countries is focused on materialism, the challenge for us is to gear the people towards the spiritual realm. Being ardent devotees of Baba, I have much confidence that by His Grace, we will be able to achieve this goal.

In this 'Golden Jubilee' year, our Hong Kong sector has organized various programs to commemorate this occasion. These include:

- A RAWA program in Kaohsiung
- A vegetarian lunch in Tainan
- DMS in Taiwan
- A Symposium in Taipei
- Baba's tour of Taiwan

This special issue highlights the considerable work carried out in the last two years in this sector. We have successfully launched many projects such the new Marga Guru Quarters, a new PROUT house a new Path of Bliss Association office and a newly purchased jagrti in Hsinchu, Taiwan. Outside Taiwan we have acquired a Didi's Master Unit in Siberia; a new *jagriti* in Korea and other similar projects in Russia and Kazakhstan.

I would like to extend my thanks to Dada Jiivesh brother Jiivesh for their help in making this most attractive souvenir. I would also like to thank every one who has submitted articles, stories and photos. And I sincerely hope that this 'souvenir' inspires Margiis and Acaryas alike to better understand our sector and work here.

At His Lotus Feet,

Ac Shubhaniryananda Avt  
Sectorial Secretary,  
Hong Kong Sector

# The Future of Civilization

Shrii Shrii Anandamurti

Modern minds are often perplexed by the fear and doubt of the extinction of human race within a short period. People deem that civilization is passing through a very critical phase and there is no possible escape from its total annihilation. But this can't happen.

Both individual and society are dependent on three factors for their existence, viz., Asti, Bhati and Ananda. Dwelling place, food, clothing, education and medical facilities are the sine qua non for Asti or existence. The term Bhati means vibhati or development and progress. Mere perceptible appearance of a society does not prove its real existence. The earthworm, for instance, exists for hundreds of millions of years, yet it does not signify existence in the true sense of the term. That is to say, there has to be Bhati, progress and development. Eating, drinking and being merry cannot represent a true life. It would be an encumbrance, a boredom.

For the all round development of an individual or a society a goal is needed. But for this determined goal the direction and purpose of development will remain confused. A bud blooms into a flower; this is what you may call its development. The purpose of bhati or development is that attainment of Ananda or bliss. The term Ananda connotes infinite happiness, the equipoise of pleasure and pain, the perfect mental peace.

The absence of any of the aforesaid factors may cause a great consternation or convulsion in individual or social life. The earth came into existence crores of years ago. Though from the archaeological point of view it is still in its infancy, yet one day or the other it is bound to meet its Waterloo. This will naturally mean the extinction of the human race. Is it so?

It is a fact that the temperature of the sun will gradually fall down. The rate of this gradual fall, however, may be slowed by the influence of the supramundane force, yet it's beyond the scope of doubt that one day it will become a dead star. The conversion of the sun into a dead star will mean similar fate for the other planets, also. Earth, then, also will not be a congenial place to live.

The destruction of a particular planet or solar system does not mean the end of the human race. There are numerous other stars and planets in the universe. With further development of science and by the help of inter-planetary rocket system, man will move to other planets. What is a dream today will become a reality of tomorrow. It's the inherent desire of an individual and the collective body, which takes a concrete shape. It was an age-old desire of man to fly in the sky like birds. The airplane was a product of this desire. Desire is the mother of action. In coming days, you will see such rockets which may enable man to travel to other planets. And if one day these planets and stars also perish, man will move to other planets and stars.

It may also be argued that a day may come when due to constant radiation of heat and light, the temperature of the entire universe may become the same, that is, the thermal death of the universe may occur. In the absence of the external heat, the universe may cease to exist. This means that humanity will also perish. But it can't happen. There can't be a thermal death of the universe. The solidification of the object will result in jadasphot. Tremendous heat will be released due to the jadasphot of a particular planet, and new galaxies and stars will be formed out of it. There is, therefore, no cause to fear. The earth may one day become extinct but humanity can't cease to exist. You can rest assured of Asti.

Numerous factors are needed for the development of a group of people. But the following six are the most important of them.

There should be a spiritual ideology in the life of both the individual and the collective body. Much of your energy is misused due to the ignorance of your own self and of the destination towards which you are moving. This misuse of the energy is bound to cause destruction.

The second factor for the progress of society is spiritual cult, a Sadhana process. Everyone has got a physical structure. The problem with every individual is to produce more and more of ectoplasmic stuff by the body and then to convert it into consciousness.

There should be a proper process for this conversion. The spiritual cult consists in the conversion of the five rudimental factors into ectoplasmic stuff and then into the consciousness through a special scientific process. This is a process of metamorphosis. Spiritual cult, therefore, is indispensable. But only spiritual ideology and spiritual philosophy will not do.

The third factor which is a blending of Asti and Bhati is a socio-economic theory. There should be prior knowledge regarding the social structure, the distribution of wealth and its growth. For want of this knowledge there can't be a solid ground for the construction of the social edifice.

The fourth one is social outlook. All living creatures are in this manifest universe are the sons of the same Cosmic Father. They are the progeny of the same supreme progenitor. Naturally they are bound in a thread of fraternal relation. This is the central spirit. A socio-economic theory is of no use but for this fraternal feeling. The implementation of this theory is an impossibility without Sadhana.

The fifth factor for the progress of society is to have its own scripture. There is the need of the company of elevated persons (Satsanga) in all the spheres of life. The authority whose contact means a satsang for you is the shastra. That which elevates the society by dint of shashan is called satsanga. We should have shastra of our own. The last but not the least important factor for the progress of society is to have its own preceptor. The entire social structure is dependent on these six factors. Bhati is meaningless without them. The weakness of one among them may jeopardise the very existence of bhati.

From the ancient times many groups of people came into existence. Some of them somehow managed to drag on, some became extinct and some continued to exist in a metamorphosed form. About one thousand and five hundred years ago, Arabs were very much developed in science. But they were defeated by the Islamic wave, for they were lacking in the six aforesaid factors, while the latter had at least five of them. The same is the case with Egypt. It was fully developed in the spheres of art, architecture and science. It is the Egyptians who made pyramids and mummies which needed subtle geometrical knowledge. Moreover, they were also very much advanced in the sphere of civilisation. Despite this, they could not help their defeat. Today's Egypt is the Egyptian form of Arab. The cause of the death of its older form was the lack of the aforesaid six factors.

The Christian or Roman civilization was also considerably on the higher ladder of development. Yet they were lacking in social outlook. There were no feelings of fraternity and equality. The slave system was rampant and human feelings were on the wane. Furthermore, the lack of a proper socio-economic theory had generated a kind of Fascist mentality. Those rolling in luxury from free labour became indolent. Naturally they were defeated by a stronger and more strenuous force. The destruction of Greek and Chinese civilizations was also caused by the lack of the factors of *bhati*. The Aryans could defeat the indigenous Indians only due to the latter's lacking in the factors of *bhati*. They had several factors of "bhati" but there was no preceptor and hence they were defeated.

In future also, for want of the six factors of *bhati*, the extinction of the concerned group of people is sure to happen. But where these factors are present, there the movement is towards Ananda or Divine Bliss; and due to this movement the chance of its elimination become nil. Such groups which have the six factors in their possession will be able to produce Sadvipras. Sadvipras are those whose all efforts are directed towards the attainment of Ananda. They are also conscious of Asti and don't lack in the six factors of *bhati*. They are strong in morality and are always ready to wage war against immoral activities.

These Sadvipras are always busy in the task of promoting the elevation of human beings. When this earth will become old, they will lead human beings to other planets by directing scientific endeavours.

Some people fear that atom or megaton bombs may one day cause the extinction of human race. But such fears are ill-conceived and meaningless. It is human intellect which is responsible for their production and so naturally, it is (i.e. intellect) superior to its products. It may one day invent such weapons which may render ineffective even the Atom or Megaton bombs. The cry for disarmament, therefore, will strengthen the destructive capacity of the Atom bombs. It may lead humanity towards its total annihilation. It is, therefore, a great obstruction, an inveterate impediment. Victory is sure to embrace you. Difficulties and encumbrances can not be more powerful than your capacity to solve them. You are the sons of the great Cosmic Father. Be a Sadvipra and make others also Sadvipras.

# Dharma Maha Sammelan

## Golden Jubilee Celebration

### *DMS in Taiwan on the occasion of the Golden Jubilee of Ananda Marga*

DMS was held from October 8<sup>th</sup> to 10<sup>th</sup> at Ananda Suruci, Yu Ching, Taiwan, with Ac. Shambhusivananda Avt. representing Purodha Pramukha (PP) dada. On October 7<sup>th</sup>, Acaryas and Margiis from all over the world (Japan, Korea, Russia and even Malaysia, USA and Europe) started arriving to participate in the event. The weather was cool and wet, but this didn't dampen their spirits. The next morning, we began the DMS program. After the opening ceremony, there was a presentation on Ananda Marga activities in Hong Kong sector and around the world. Through this, we were able to understand the growth of the organization within the last fifty years.

Subsequent to this, a baby-naming ceremony was conducted for three babies. This was followed by a Kaoshiki and Tandava dance competition which was carried out in two categories: junior and senior. Later, after Dharma

Cakra (D.C.) in the evening, a speech was given by the representative of PP dada. The topic was "Emanative Flows and Spiritual Education". As it was a new topic for all present, everyone

thoroughly enjoyed his speech and the special vibrations created by his devotional talk. After dinner, a beautiful RAWA program was arranged and it was a most colourful affair with traditional dances, drama, music, and songs in several languages. The RAWA dance by Taipei Margiis was especially appreciated by everyone. Later, all participants retired to rest after performing *Avarta kiirtan* and meditation.

After breakfast the following day (October 9<sup>th</sup>), there was a presentation on Baba's visit to Taiwan in 1979. During this time, Acaryas and Margiis

shared many Baba stories and the resulting devotional flow was really divine. After this session, a General Darshan was given by PP dada's representative on "The Path of *Tantra Sadhana*". Dada recounted many wonderful experiences on the Tantric path and told more Baba

stories. After lunch, a multi media presentation was presented on Ananda Marga activities around Taiwan involving the various departments and trades. Through this, one could clearly perceive and appre-



Avtk. Ananda Sampurna Ac. speaking during the opening ceremony.

ciate the development of this organization since it was started in Taiwan.



P.P. representative, Ac. Shambhushivananda Avt. giving one of his discourses

A tree-planting ceremony followed the presentation, with participation of all Margiis, who intensely enjoyed the beautiful natural surroundings of Ananda Suruci. At the same time, the local a Bhukti Pradhana meeting was held. They were later joined by PP dada's representative who inspired them with a very pleasant discussion on development. After the evening DC, the revolutionary marriages (RM) of two Margii couples, Santosa and Jutika and Govindra and Subhadra was celebrated in a very happy and blissful atmosphere. The final session and the main DMS event took place after dinner. Both *Kaoshiki* and *Tandava* dances were performed before PP dada's representative, who also blessed the newly married couples. Dada then proceeded to distribute prizes for the various competitions held earlier. This event was followed by a charming *Prabhat Samgiit* (PS) session by Dada Shubhacintananda, who created a blissful and vibrational flow with his sweet voice.

The *Prabhat Samgiita* session was followed by a speech by PP dada's representative on the topic of "Karma, Bhakti and Guru Krpa", who again shared many inspiring stories. After this, everyone present was shown Baba's *Varabhaya Mudra* video, and a nine-hour *Akhanda Kiirtan* was organized for the whole night. All of us enjoyed the *kiirtan* and were in a blissful mood. After *kiirtan* and meditation, Baba's newly edited video was shown and a very strong feeling of Baba's presence was felt by all.



Volunteers from Sarkar School with Dada Candreshvarananda and Dada Rasabuddhananda

Later, breakfast was served and it was time for the closing ceremony. All the Margiis from inside and outside of Taiwan expressed that they had a beautiful experience during the DMS. An especially touching moment was when a Margii sister (Urmila) from Japan articulated her love for Baba in a very devotional manner. At the end, it was evident that this DMS was a huge success. There was much joy as everyone went home in a blissful mood and in a new devotional flow that will continue to inspire them for a long time after the event.

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More photos from DMS....



Group photo of DMS participants



Tree planting ceremony, celebrating Ananda Marga's 50th anniversary



Wedding ceremony of two margii couples conducted by Dada Manavendrananda and Didi Ananda Suveda



Margiis sister from Taipei reformed a traditional Chinese dance, which everyone enjoyed



Guru Puja after 9 hours Akhananda Kiirtan and collective meditation



RAWA performance by a Russian Margii sister, LFT brother and Acaryas



## Renaissance and Writers Association In Hong Kong Sector

RAWA is becoming popular with Margiis and the public in our sector during the last couple of years. Apart from a deep interest to learn Prabhat Samgiita in Local units and Retreats, a constant raise in the standard has been observed by every one.



Artist performing at the RAWA concert in Kaohsiung in July 2005.  
From left to right, Soma, Carushiila, Vaeshalii and Shubha'shinii

In the last 3 years there has arisen a strong desire in Margii sisters to learn dances on Prabhat Samgiita and Krsna Liila. And there success was witnessed by Margiis in Large in retreats. These performances spread from Taiwan to Russia with surprising and high quality performances by our Russian Margii sisters. During Retreats in Taiwan 2003—2005 recent DMS in Ananda Suruci MU RAWA artists and Margii spectators were floating in divine Bliss in our programs.



Prabhat Samgiita dance in Russia is becoming more and more popular

RAWA organized a Grand public program in Sinica University, Taipei in Jan 2004, which was followed by various programs all over Taiwan. Recently on July 10<sup>th</sup> there was a grand RAWA program by International RAWA artists in the Kaohsiung Cultural centre. The contribution of Sarkar School staff and students in various RAWA Programs must be appreciated.



Baba's Tour Taiwan was truly a festive event that took place from Sep 23rd to Oct 3rd. A caravan of kiirtan vibrated cars and vans visited different cities in Taiwan, spreading Baba's philosophy and vibration through incredible RAWA performances and service programs. The tour passed through six cities over a 10 day period visiting old people's homes, children's hospitals and similar places bringing them a beautiful show consisting of the drama performance "Wishes Wishes" and a rich musical program.

Twenty six years ago Baba toured Taiwan, giving talks and Darshans. The tour followed in Baba's Footsteps, visiting the places He went to and the houses where Baba stayed reading the discourses He gave while visiting different places in Taiwan.



Baba's residence when He stayed in  
Yan Ming Mountain, Taipei



Mama Yang telling stories about  
Baba's visit to Taichung



Group photo of tour participants where Baba went  
for field walk in Yan Ming Mountain, Taipei



Baba's residence when He stayed in the  
Agricultural High School, Taichung



Collective kiirtan outside Taichung University where Baba went for field walk



Singing kiirtan in the Children's handicapped hospital in Hualien



Baba's residence when He stayed in Kaohsiung



RAWA concert at a home for the elderly in Kaohsiung



Kiirtan and meditation in Taidung forest



Baba's residence when He stayed in Tainan

## Transcending Boundaries

### International Symposium on Social Contributions of P. R. Sarkar

On November 3, 2005 an international symposium entitled, “Transcending Boundaries – The Visionary Contributions of Indian Philosopher, Social Activist and Renaissance Man, P.R. Sarkar” was held at the Institute of Modern History, Academia Sinica, Taipei.



Dada Krsnasevananda and Dada Shambhushivananda opened the symposium

Academia Sinica is Taiwan's top research institution and we were able to secure this prestigious location through the kind assistance of Dr. Lai Huei-Min (Hemavati) who is a senior research fellow at the Institute. Ninety plus people attended the program including Margiis and academics from local universities.



Everyone was impressed and enjoyed Dr. Peter Hayward's 'Sarkar Game'

Both Margii and non-Margii speakers participated

in the program.. Ac. Shambhushivananda Avt., Chancellor of Ananda Marga Gurukula, spoke on “The Mind in Matter – Sarkar's Theory of Microvita”. Professor Sohail Inayatullah (Subodha), author of 3 books about Baba's thinking, spoke on, “Sarkar, Macrohistory and the Politics of Knowledge”. Jennifer Gidley from Australia (an expert on alternative education) discussed the crisis in education and the approaches of great modern educators such as Sarkar, Steiner, Montessori and others; Manorainjana from Australia, an education consultant currently doing a Ph.D in Future Studies, spoke about Microvita in the context of the social cycle.



Subodha gave a very interesting and entertaining presentation on Macrohistory

Dr. Peter Hayward from Swinburne University in Melbourne, Australia, ran a workshop called “The Sarkar Game”. The game is a role play based on Baba's concept of four social classes and it is designed as a tool to help people understand the roles of the different classes and how they interact in social situations. (Note: The game is an excellent tool for training Sadvipras who should have the qualities of all four classes.) There was a presentation and demonstration on Yoga-Bio-Psychology by brother Cidatma, our senior Yoga teacher from Taipei Jagrti and finally Ac. Krsnasevananda Avt. gave a presentation on Prout entitled, “Sarkar and Praxis – from Self-Realization to the Cosmic Society”. The program opened with Prabhat Samgiita.



Sarkar School, near the Ananda Suruchi Master Unit in YuJing, organized a short RAWA program in a Kaohsiung hospital. There were Prabhat Samgiita songs and dances in addition to traditional Chinese songs – both vocal and instrumental. Ananda Marga (Sarkar) School

The RU Secretary, Dada Shubhacintananda and Sister Diipa, conduct regular classes each week at Sarkar School, focusing on Indian classical music, dance and Prabhat Samgiita.

The number of students and teachers have increased at the school. There are now 21 students from primary to junior high. And 8 full time teachers and 1 part time teacher are providing them with an excellent education.



The school holds 3 seven-days children camps in every year, One during the winter vacation and 2 in summer vacations. We have two days camp once a month. All these camps are not only balancing the school finance, but also developing the new energy resources at the same time.



The national education assistant group (of ten people) visited our school on Oct 20th 2005. They were very impressed by our teaching ideas and evaluation reports. They said that we “cultivate children in an organic way while they do in a chemical way”. Through our teaching, they appreciate our children can have independent thinking to analyze the things which happened to them. They commented that our students are hand-made while the other students are produced by factories. They appreciated that we take care of the individuals needs of the students and this is the subtlest part in education. One teacher said “that it's most important to talk to our inner selves, then talk to the nature and to the society”. And she found that we have already merged all the three qualities in our teaching. We had a very nice interaction. It's the first time we got so much appreciation from government teachers. From now on, they really understand us. Finally the principal requested us to maintain this school for long time.

More photos from Sarkar school.....



Performing at a home  
for the mentally handicapped



Students are encouraged to express  
themselves during discussion time



Look what we've done!



Learning organic farming can be fun, but hard work!



Receiving some words of wisdom and inspiration  
from Dada Samanvayananda



Mountain climbing during one of the summer camps



### Fasting camps

We are pleased to announce the current activities at our Master Unit, Ananda Suruchi. At present, fasting camps are held every month with 20 to 30 people attending each session. This event is organized and coordinated by Bro. Ram Kumar. It is aimed at encouraging people to adopt a healthier lifestyle by losing weight and curing diseases the natural way.



We are thus able to promote physical, mental and spiritual health among the participants. This program is very successful and popular, and has international participation from as far as Hong Kong and the USA.



Dada Dineshvar, our industrious and tireless Assistant Rector at Ananda Suruchi, provided major support for preparation of DMS. Beyond all that hard work, Dada also has a new broccoli and cauliflower crop in the ground. Most of each crop is freely given away, but still his a last crop grossed more than US\$1,000 in actual sales. Dada also visited a college in ChiaYi.



Dada Shambhushivananda, Didi Ananda Sampurna and Hong Kong Sector Acaryas, during RDS in Ananda Suruchi in October 2005



## Madhu Shaelam

### Marga Guru Quarters in Ananda Suruci



The Taiwan MG quarters, known as Madhu Shaelam is our pride and joy. It is one of the most important projects that we have undertaken thus far. The completion of this beautiful structure involved the loving efforts of all Margiis, particularly Bro Shyam Sundar and Bro Mahendra, who worked tirelessly throughout its construction. We also greatly appreciate the contribution of funds to the best of their capacity by all Margiis.



The MG quarters is the result of a collective decision by all Margiis and Acaryas who felt that a great spiritual environment was needed to promote sadhana. The unique structure was built amongst a charming natural surrounding of lush greenery set against a backdrop of beautiful mountains. The pond is filled with colourful fish and lotus blossoms providing an ambience of peace and quiet. Every Margi who has visited here has felt a special vibration which aids their spiritual practices. The inauguration ceremony for the new MG quarters, Madhu Shaelam, took place in February 2004.





# AMURT/EL in Hong Kong Sector



After the Asian Tsunami disaster in January 2005, Margiis and Acaryas all over Hong Kong sector became active in various fund raising activities. Some of the photos below show AMURT/EL activities to raise money for the Tsunami relief work and other natural disasters in Asia. With the help of AM foundation in Taiwan a grand total of \$..... was raised in HK Sector.



Acaryas and margiis in Taipei collecting for the Tsunami victims



Dada Vibhakarananda and margiis in Kaohsiung raised US\$11,000 for the Tsunami victims

Students and teachers from Sarkar school collecting for the Tsunami victims in Kaohsiung



One of 15 Village Primary Schools in Ananda Nagar which are sponsored by Hong Kong Sector



Dada Yuktshananda and Taichung margiis with items collected for victims of the Taichung mud slide victims



Regular food distribution to poor families in Arseniev, Russia



## TAIWAN

### Taipei Diocese

Taipei city inhabitants are reaping many benefits from the more than 10 yoga centres, with hundreds of yoga students attending the classes. The centres are fully packed and there are constant demands from the public for the opening of more classes. Indeed, Ananda Marga Yoga is becoming very popular in this country. Through yoga, we are gradually changing people's lifestyles by promoting fasting, the consumption of good and sentient food and the pursuit of a more natural life. In the last two years, we have opened three of our biggest centres for carrying out various activities.



Ac. Shambhushivananda Avt., Kulapati of Ananda Marga Gurukul meeting the President of Taiwan in his Presidential office in November 2005

We are rendering service by conducting classes in a centre for the mentally handicapped and leprosy in Taipei and in the Sin Dian area. Five *Dharma Cakras* (DC) are held in a week in Taipei. There are about ten *Sadhana Shivirs* are held every year all over Taiwan. In Sin Chuang, we are carrying out regular feeding and providing spiritual services.

Cooking classes are continually conducted by sister Urmila to propagate vegetarianism.



Sister Urmila gives weekly Vegetarian cooking classes in the AMPS jagrtii

Bro. Cidatma, from Taipei AMPS is working very hard, creating more Yoga teachers. His effort is very much appreciated. Bro. Caetanya has started a special yoga class for the physically challenged. Caetanya plans to extend the program to include training for others to provide similar classes to persons having various physical limitations.



This photo show Caetanya's students engaged in their first yoga experience



Celebrating Shrivani Purnima in the AMPS jagrti



Dada Shubhadhyanananda is giving an Introduction class to 130 people in Hsin Dian City, Taipei



Acarya's and Margiis singing kiirtan in a home leprosy patients

### Chungli

There is regular DC and asana classes here and social service work includes visiting and feeding the elderly in an old folk's home.

### Hsinchu



Hsinchu margiis standing in front their new jagrti, purchased in September 2005

### Gurukul

A team of Gurukul Margiis have arranged classes for a study circle involving Margiis and non-Margiis to discuss Baba's philosophy. Outdoor activities such as mountain-climbing are also organized to encourage youth participation and to gradually generate interest in AM amongst non-Margiis.

### Hsin Chung

Dada Shubhadhyanananda regularly visits a hospital which serves mentally challenged persons in the Taipei, Hsin Chung area. This regular program of visitation and music for the residents resulted in an opportunity to introduce yoga and healthy lifestyle to the hospital staff and students.

Now a weekly table talk program at the attached university has been established. A yoga club is being formed there along with another regular yoga class in the nearby Hsin Chung primary school.

Brother Sanjaya has printed two new books; Ananda Vacanamrtam pt 5,6 and Discourses on Neo Humanistic Education.

### Hualian

Several lectures were held in a Buddhist Medical College where we were given the opportunity to explain about AM's meditation system and *asanas*. There is regular visiting of the elderly to provide spiritual care. Also, *asana* classes are frequently conducted in the local *jagrti*. Recently, Didi Ananda Hemaprabha has opened an office and is conducting *asana* classes there as well.

### WWD Taipei

#### Womens Intensive spiritual training

In August a ten day long training for women was held in the WWD office in Taipei. Six sisters participated and had a chance to go deeper into their spiritual practices. The sisters followed a strict routine and were allotted duties along with attending different classes from the local Didis. Last day was maonavrata, simple food and a lot of studying and duties. The training ended with sadhana shivir at the Master Unit in Yu Ching. The sisters expressed afterwards that they felt a lot of benefit and it was beautiful to see the bonds of support and love that were made between them. One sister expressed that although she was completely exhausted from doing Paincajanya for a week, she could feel that it had such a strong effect on her.



A Neo Humanist Education Conference was held at the WWD office in Tapei in September with 17 people attending. The morning started with a class by sister Abha, a twenty years experienced educator, who presented different materials that she had developed over the years and is currently using. In the afternoon, Brother Yatindra, principal of the Sarkar School in the south of Taiwan, gave an excellent class on a practical approach to discipline and how to integrate Yama and Niyama in the classroom.

#### Sisters DC, Cooking classes, Yoga classes

Every Tuesday sisters are coming together in the WWD office for D C. Around 6- 12 sisters usually come and there is a very sweet vibration. Recently the Indian cooking classes in the office has become more popular Around 10 people attend, and the cooking classes are well appreciated by the rest of the inhabitants of the house who gets to have a delicious meal once a week.

### Ananda Marga Preschool, Taipei

The school is now slowly but firmly developing its standards and quality and is moving from opportunism into professionalism. A school advisory board has been created and its members are meeting once a month for the development of the school. The school has two teachers who are very experienced and are studying NHE philosophy to improve the quality of their teachings. The current number of students at the school is seven.



For the last six months Didi Sananda along with Margiis has been searching for a new house to upgrade the school. A margii sister from Taipei has pledged monthly support for the kindergarten of US \$800 monthly. Didi has used funds to hire a new teacher, additional staff and to purchase other much needed equipment. Didi also gave a lecture on "Introduction to Neo-Humanist Education" for parents of the school and members of the general public.



### PROUT Taipei

After great effort and careful planning, the Taipei margiis opened a new PROUT Center.

Everyone extends their heartfelt congratulations to Dada Rasabuddhananda, sister Kamalika and the dedicated margii brothers and sisters who made this new center possible.



Bro. Jivandeve, translating for Ac. Samanvayananda Avt., at the opening and house blessing function on April 17th 2005.

### PBMA Taipei

After two years planning, brother Keshava, president of The Path of Bliss Meditation Association (PBMA) with the help of margiis in PBMA bought a new Yoga center in downtown Taipei. The center cost US\$1.4 million and is located in the commercial centre of Taipei.



The previous owner of the building expressing his appreciation of the new center. Ac. Samanvayananda Avt., conducted the inauguration ceremony

More than 32 yoga and meditation classes are conducted with approximately 550 students attending weekly. This includes three classes that Dada con-

ducts in English medium as well. Since the opening, the number of margiis and sympathizers are increasing.

Two articles about the new Yoga centre in Chung Hsiao rd have appeared in two magazines in Taiwan. In an English language magazine, 'Taipei Discovered', the new centre was praised and referred to as one of the best Yoga centre in Taipei. And the Chinese language, 'Common Health Magazine', interviewed Dada Candreshvarananda about the recent commercialization of Yoga in Taiwan.



Dada Candreshvarananda and brother Keshava are shown presenting a formal lecture on yoga philosophy and practice to members of the Faculty of Theology at Fu Jen Catholic University.



The President of 'Sogo' department store, Taipei invited Dada Candreshvarananda (pictured left) to teach 'The importance of Yoga for mind and body'. About 40 people attended the class after seeing an advert on Sogo's web site.

## Tai Chung

Dada Yuktshananda and Margiis in Taichung are working hard in both prasar and service. In July 2004, Taichung unit distributed 600 sleeping bags, food packets and other amenities to the victims during the flood and mud slide disaster in Dongsi area in the out skirt of Taichung city. Also NT\$130,000 was collected from different communities, open traditional markets, companies etc for the victims of December, 2004, Tsunami Tidal Wave Tragedy.



Dada Yuktshananda teaching yoga to children in the Tai Chung jagrti

In April 2005, Dada and Tai Chung BP, Sister Vikashinii, were also invited by a local educator to join an important Educational Conference.

In May 2005, Dada gave a lecture in the junior elementary school, Nantho on "Approach and Methodology of Teaching Children" based on Neo-Humanistic Education. This was attended by 60 teachers and lecturers.



Fasting camp members celebrate the breaking of their fast!

Both Dada Yuktshananda and Dada Bhavottarananda have conducted two day fasting camps on eight occasions, serving over 250 people with a healthy lifestyle program that can actually change lives. A collective meditation program has also been started at the program site to provide ongoing contact with fasting camp participants.



On 28<sup>th</sup> April this year, at the Chung Shan Medical University, Didi Anubrata and TaiChung Bhukti Pradhan, Sister Vikashinii provided a power-point presentation and an active demonstration of yoga practice to the students.

Dada Bhavottarananda has also given several classes at the Tai Chung Science Museum. Now a dharma-cakra has been started for those student who took up meditation practice in addition to yoga exercises. After much effort Dada has established his independent office.

## Tainan

There are seven weekly asana classes, which are attended by many elderly people. Approximately US\$20,000 was raised through street kiirtan, donations and vegetarian dinners for the Tsunami relief work and other Ananda Marga projects. Didi Ananda Svasatika organized a large vegetarian lunch for Lotus



Margiis in Tainan doing street kiirtan for the Tsunami relief work

## Kaohsiung

Kaohsiung Unit, under the care and guidance of Dada Vibhakarananda are busy with many kinds of activities. Dada takes care of Dharmacakras in FengShan, Nan Tze and KangShan. In addition, he conducts a weekly meditation and philosophy class that has been conducted for almost a year.



A special meditation class for about 100 children at the Dodo kindergarten in KangShan.

Dada Vibhakarananda lead a fund raising drive to collect funds for Tsunami Relief work by AMURT. Nearly US\$11,000 was received in donations.



A special asanas and meditation class in Ren-Wu High School (Kaohsiung), held in April

A popular school of yoga in Kaohsiung City requested Dada to instruct in *Kaoshikii* and *Tandava* for a television program. Later, they requested Dada to return to teach more and to provide meditation instruction. Similarly, a RAWA program held regularly in a local hospital resulted in a request for meditation classes.



A highly successful vegetarian lunch held in FengShan with over 250 guests.



WWD Office in Nan Tze, Kaohsiung Didi's jagriti receives a formal blessing during a House Warming Ceremony in April 2005.

In June 2005 there was a 2 days yoga camp in Ananda Suruchi Master Unit. About 25 people attended and were very inspired with the program which included yoga, kiirtan and meditation classes and hiking etc.

Kaoshiung unit organized, in July 2005, a R A W A - Indian Night Show in Kaohsiung Cultural Centre. This program



was celebrating the Golden Jubilee of Ananda Marga and about 400 people attended. The proceeds were used to buy a Projector and standing screen to support Ananda Marga activities in Kaoshiung.

## RUSSIA

LFT training was held in June 2005, in the Barnaul jagrti. Four brothers and three sisters successfully passed their exams. These young dynamic and inspired LFT's are adding new life to our Ananda Marga in Russia. One of the LFTs is ready to join Acarya training.



Seven new LFTs recently finished training and are now working in various units around the region

After 5 years of working as LFT, brother Shubhatma from Barnaul went to acarya training in August. Most of the Barnaul's Margiis went to the railway station to say 'goodbye' to him. The parting was very affectionate. Good luck, we hope to see him soon as a worker!

### Barnaul, Siberia

RU Dada Shubhacintananda sponsors the provision of food and care to twelve families in Barnaul every month. This service work is managed by Sister Amalina, who is pictured below helping some elderly persons who benefit from this program.



The Barnaul jagrti was recently renovated and several new bathrooms were added, in order to provide better facilities for yoga class students. It was also repainted, re-wallpapered, the leaking roof fixed and a new fence built. It now looks very attractive and inviting.



In order to encourage a healthy and sentient life style we held a vegetarian buffet with cultural program, in Nov 2004, about 50 people attended and we raised \$150 dollars. In April and October 2005 we held two vegetarian buffets in the jagrti and they attracted about 30 people and 80 people.



The beautiful scenery of the Altai region is enjoyed by all who attend the retreats there every summer

Every year we have two regular retreats in Barnaul for 4 days. One is on the occasion of the New Year's holiday and we have another regular "summer" retreat every August in the beautiful and pictorial Altai Mountains. More than 200 people attend every year and not only from local areas but from very distant Russian cities and abroad. The beautiful nature away from noisy urban areas, together with intense practices, inspires and creates a strong vibration. Three Ananda Marga marriages were held at that last re-

treat. This event is well known now and we had requests for place reservation for the next one from participants of the recently held one. All the attending Acaryas were very inspired by the tremendous spiritual vibration felt during the retreats. And money raised was utilized to support local projects. In addition to this we had a special retreat last year for senior margiis who participate a lot in the day-to-day life of the unit.



The wedding ceremony for three Margii couple was held in the Siberian retreat this summer

In 2004, on the occasion of World Tuberculosis, the 'White flower' program was organized – children of several schools made paper white chamomile flowers, and the margiis of Barnaul unit distributed them on the streets of the city. Three hundred dollars was raised and donated for food and clothes to local Tuberculosis children's hospital.

Public lectures are regularly performed by LFTs and visiting Acaryas. A Yoga Association was registered in order to provide legal support of AM activities and visas for Acaryas and overseas margiis.



The three storey building on the WWD Master Unit in Barnaul, Siberia will accommodate a

In 2002 Didi Ananda Mamata started WWD MU construction in Barnaul. At present we have a 3-story main building under construction for kindergarten, health care and teenage centre. There is already a waiting list of children hoping to be accepted into the kindergarten.



Didi Ananda Mamata stands in front of the domes constructed on the Master Unit

Several dome shaped buildings have been constructed very cheaply. Now we are researching the living conditions there in the severe Siberian environment. In future we plan to use these quarters as an art workshop and exhibition hall of children's works.



The organic vegetable garden

This year we harvested a big yield of organic beans, potatoes and pumpkins from the Master Unit. Some of the produce was sold and some distributed to poor and needy families in the city. The rest was preserved for the long Siberian winter.

### Rubtsovsk

Despite being a very new unit in Russia, there is great development there. Margiis of Rubtsovsk unit organized a protest in order to catch the attention of authorities to the pollution of river banks by litter. Also vegetarian buffet showed no-loss result. Now they have regular yoga classes.

### Far East Russia

Every summer we have a retreat in Ananda Sagar MU in Vladivostok. There are now eight active units in far east Russia. Margiis are becoming stronger in their practices and are undertaking more organizational duties. To provide Ananda Marga with legal status in the Far East part of Russia a Yoga Foundation was registered.



Meditation Hall in Ananda Sagar Master Unit

### Vladivostok

Recently the Vladivostok jagrti was renovated and many asana classes are continuing with the help of sister Ainjali. There is regular clothes distribution to poor families.

### Arseniev

In the Arseniev kindergarten there are 15 children and 2 teachers. AMURT is regularly feeding 18 poor families every month. They also distribute clothes and education materials to poor students. Sister Annapuna and Rainjita are giving weekly asana classes and doing a lot of prakar activities. Arseniev margiis are working hard to maintain the Master Unit which is 70km from the city.



Akhanda kiirtan during the retreat in August 2005



Alolika received her name during the retreat in August 2005



Sister Rainjita with children from the kindergarten in Arseniev

Mahavishva

November 2005



Sister Anapuna is the head teacher of the Arseniev kindergarten and unit secretary of that unit

### Khabarovsk

After a long period of inactivity, Khabarovsk unit got new momentum from LFT brother Shubatma. He has now been replaced by brother Sarvajit. DC and yoga classes are performed on a regular basis. The kindergarten has been running for 10 years now.



Dada Shubhaniryananda with children from the Khabarovsk kindergarten

### Komsomolsk unit

The Margiis of the Taipei unit managed by Dada Candreshvarananda donated US\$20,000 to purchase a new center in Komsomolsk.



The new, 75 sq meter apartment's dharma cakra hall is viewed above by two, very appreciative, local unit members. Now margiis have a place for regular DC and other activities such as yoga class. With help of new RS Dada Vijaya, the jagrti is being renovated.

### JAPAN

Pictured below are Japan margiis attending a May retreat directed by Dada Vijitatmanananda, Didi Tapaprabha, and Didi Ananda Suveda.



Besides this most recent program, Dada Jiivesh also reported that seven margiis attended seminar in Kyoto in February and eighteen margiis joined a three-day March retreat in Okinawa.

Other important Japan news included the following highlights – Bro. Harish started a yoga class in Okinawa with thirty people signing up. He is also working to develop support for Mongolia children's home.



Dada Jiivesh with Yoga students in Naha, Okinawa

Bro. Turiya has taken up publications work with great energy. As a result, Ananda Vacanamrtam Part 1 and Guide to Human Conduct have been reprinted. Yoga for Health is now translated and 200 copies have been printed. In addition, Dada Maheshvarananda's book, "After Capitalism" has been translated by Bro. Mitsuki San. This important book will soon be published by a major Japanese publishing company. Our distributor of Thoughts of PR Sarkar has now sold nearly 1,400 copies with US\$2,100 in royalties received. Japan margiis also compiled a music CD to benefit Tsunami Relief using various bhajans and kiirtan recordings from all around the world.



Dada Krsnasevananda giving dharmashastra during a retreat in November 2005



Didi Tapaprabha currently has five students in the AMSAI Sunrise kindergarten in Fukuoka. More children have been enrolled recently after their parents saw a website advertising the kindergarten.

## MONGOLIA

Didi Ananda Kalika is busy as ever, expanding the scope of services provided by the Lotus Children's Home project. On June 4th this year, the project celebrated its 10 year anniversary. A fund-raiser dinner in a large hotel was organized by wives of mining company executives. Several Embassy staff, including the British Ambassador to Mongolia and a prominent Mongolian MP attended. A



grand total of US\$20,000 was raised for a new building for babies. The following day an open day at Lotus was attended by 200 people.

At the beginning of the new school year in September, a separate new building for the primary school was opened. There are now 98 children attending the school. The school and kindergarten have gained official government certification.

More than one thousand visitors came to the home this year, including Miss Mongolia. Last year three

apartments were purchased to establish a home for unwanted baby's in the town of Erdenet. A US\$40,000 grant from the Mongolia Coca Cola



Company was received especially for special activities, like camps, sporting equipment, music, photography, and remedial education.

In January this year a new years special radio program on the project was aired world wide on BBC. A Margii brother who works for Associated Press arranged this program.

Dada Jiivesh has been working in Mongolia for the last six months and has plans to establish AMURT projects in Ulaanbaatar. He is busy making contacts and learning the language.

## HONG KONG

RU Secretary, Dada Shubhacintananda is pictured at left during his visit to the Hong Kong Master Unit on Lantau Island. Dada recently visited Hong Kong and Macao. Dada started regular dharma cakra and created several new sympathizers.



One new brother learned meditation along with Dada's follow up care to our margiis there. Ananda Far East Yoga was registered as a company and will help us in future for our work in Hong Kong.



Dada Shubhacintananda teaching Asanas in Hong Kong

Didi Ananda Malika has been working in Hong Kong and China. She has given a yoga class series in Hong Kong during her last visit and a yoga philosophy class during her visit in China.



Didi Ananada Malika giving a philosophy class to new people in Hong Kong

## Tashkent, Uzbekistan

RS Dada Ananda has been working in Tashkent for the last 2 years, is in the process of registering Ananda Marga in Uzbekistan. LFT Brother Kamalesh is giving regular yoga classes in the jagrti.

## KOREA



Spirituality in Korea has been awakening since 2002 in the form of a booming Yoga and well-being movement. Along with these positive changes in the society, Ananda Marga Korea has started to grow after many years of a

pause period. In 2003 one new unit was formed in Seosan City. In 2004, Seoul Jagrti moved from a small half-basement residential building to an commercial building. Now the jagrti (pictured right) has two flats in the building. We now have six regular dharma cakras including two in Seoul. In 2005, Ananda Marga was registered as a tax-exempt foundation (Korea Ananda Marga Yoga Foundation).

Since the end of July of 2005, Ananda Marga organized 5 spiritual programs for mainly new people in Master Unit in Jeonju. The number of attendants was about 150 and many of them were initiated.



Also, in October of 2005, AM formed 'MU Development Committee' to develop the MU in systematic way. In Oct of this year, we rented a large Eco-education center built by government near Jeonju

city. The center will be utilize for many programs such as fasting camp, retreat, eco-education, seminars, etc..



The Eco-education center near Jeonju city has been rented for fasting camps for the next two years

Pictured below is the building and garden area at the JeonJu Master Unit. A new family has just moved to the Master Unit and has taken up management and care of the property.



Didi Ananda Sandiipa recently obtained a long-term contract to work with a local university providing ongoing yoga and philosophy classes. Didi held a 3 day workshop on mental and spiritual development of children through yoga in Seoul. She was also invited to a yoga camp to introduce Prabhat Samgiita and Kiirtan and sold \$US 300 books and CDS. Didi recently acquired a new office in Seoul.



### PC With Baba

Baba said that in the initial stages love of God is usually fearful love and in the later stages becomes fearless love..

In 1986 I had PC with Baba. Here are one or two episodes from that time...

There were some Dadas who were regulating the PC process for the LFTs, to make sure that everybody present was ready and knew the proper things to do in PC (*Sastaunga Pranam* etc..), So naturally the atmosphere was quite tense and that made me feel a bit disturbed. Since my desire was to meet Baba in a less formal way (like meeting with my Father). So with a somewhat tense state of mind, I went in. After *Sastaunga Pranam*, and going near Him, Baba said "You're a good boy, you're a good boy. Are you afraid of me"? I said. "Yes Baba a little but I don't want to be". Then Baba said "But why? Baba has so much love for His little boy and you how do feel towards Baba"? I said "I like you Baba".

After the PC, I had some feeling that because of my tense state of mind, my response fell short of matching Baba's love in the same way. But after sometime I heard that Baba said that "liking" in time turns into "love". The PC continued with some more things that Baba said about my mother tongue, things from my past and personal exchanges. Then Baba blessed me and indicated that time was valuable and the universe is in need of service.

Whilst I was going in for PC, the thought in my mind was. "Why are there beasts in the creation that prey on other creatures and kill them, why is such kind of aggression there". I also thought "Why the bottom of the sea is not smooth like linen, and many times it is rocky and harsh" (that was an impression from my childhood, when we used to play in the sea and feel upset or disturbed whenever our feet hit

rocky ground and got hurt). After all, *Parama Purusa* could easily do that and it would have been more enjoyable, but during the PC Baba did not say anything indicating a reply to these thoughts..

However, after some years and after becoming Acarya and learning more of *Prabhat Samgiitas* I saw that these thoughts that were in my mind during the PC matched very much to the words in one song. "*Nira Bhorate tomari Sathe*". It said, "Why are there thorns in the beautiful garden of flowers? Why does the river water run on rocky rugged terrain?" And "Why does the shadow of death loom over the beautiful creation?" At the end of the song there are no replies and the last two lines read "Why does *Ahamika* and *Asmita* (Ego & Pride) have to surrender at the feet of *Parama Purusa*".

I felt happy (as it was very similar to the thoughts that occurred to me during PC). And I imagined that in all the big number of *Prabhat Samgiitas* that Baba made (of which most of us know only a fraction), all would find some of their thoughts and inner feelings expressed exactly in some of the songs.

Peace to all.. Baba Nam Kevalam.

Dada Vijitatmananda

When I entered Baba's room I saw Baba sitting on His cot. He was wearing simple clothes and smiling. As soon as I sat in front of Baba Baba asked me, "What's your name my little boy?". At first I was very nervous but I answered Him, "My name is Subodh". Baba said, "Ohh, Subodha". Then He said, " 'Subodha' or 'Suvodha'?" I said, "Baba, 'Subodha'". Again Baba made very clear about 'bo' or 'vo' and He showed me with His finger that it was 'bo'. He said Subodha means pure boy, innocent boy, small boy. The way Baba was explaining made me completely absorbed in

Him. Then Baba called me nearby Him. He put His hands on my head and recited some mantras and shlokas. He began talking with me in my mother tongue (Aungika), saying, “Agar hamme Japan Germany behejavo tay vahari kanavah ta naya?” (“Would you cry if sent you to Japan and Germany?”) I said, “No, Baba”. Baba was very happy. Then Baba took direct oath from me and gave His blessing.

Dada Shubhaniryananda (SS)

#### “Please come to Japan”

I became a Margii 25 years ago. Since that time I had a strong desire to see Baba physically. I had a chance to go to India and see Baba and get PC. I was about to get PC when the Dadas asked me whether or not I had Pratiika. When I told them that I did not have a Pratiika the whole PC was cancelled for everyone. Then there was general Darshan. I got the chance to sit near Baba. I gave a garland to Baba through P.A. Dada and I said to Baba, “Please come to Japan”.

After Baba’s physical departure, I, was standing in front of Baba’s photo with a Dada and a 5 year old child. Dada said, “Baba has come” so we did pranam to Baba. Dada asked me, “Do you have any wish from Baba?” I said, “Yes, but I want to keep it secret”. After one week I had a Baba dream. In the dream I looked down on my bed and I saw that Baba was lying there beside me and I was filled with bliss.

Sister Urmila in Kyushu, Japan

#### *Dharma Shamiksa*

When I was 19 years old I was not happy with my life and I quit university. One day I was on the train and saw a Dada. He was in orange clothes with white lungi and turban. At that time I felt to talk to him. After both of us got off the train I talked to him and he said that he was teaching Yoga and meditation. Then Dada introduced me to a Didi and I learned meditation soon after. This is how I became a Margii. There are many things in Ananda Marga which I cannot express in words and which touched my life and heart. The most important thing which attracted me to Ananda Marga from the beginning till today, was *Kiirtan*. My parents were rich and would give me anything if I wanted it. But I was not happy. After learning meditation, what I

received in Ananda Marga I could not find anywhere in any other place – something inexpressible. I always remember the moment in my life when I first saw Dada. I strongly believe that when the disciple is ready the Guru will come and that the disciple does not need to find the Guru.

I went to see Baba during the time when Baba was giving Dharma Shamiksa. When I was waiting for my turn to see Baba I became nervous because I saw that many people were being punished. When it came my turn to stand in front of Baba, Baba asked me to hold out my hands to receive punishment. When I did so He tapped my hands very gently with the stick three times and smiled at me.

Just after Dharma Samiksa when I was leaving from our office building, I was caught by the police. They were about to take me away but I began screaming loudly and attracted so much attention that they finally let me go. By His grace I was free.

Sister Nitya from Tokyo.

#### “Surrender to Me”

Since I was a Margii, Baba has always created situations to force me to surrender. But I have a very stiff neck and after I became an Acarya, I have often been confused about the difference between Baba’s mission and my own identity – they felt separate, no oneness. Many times in Dhyana He gave me the message, “Surrender to Me”.

Recently, after doing 4 – 6 hours intense meditation every day I am feeling better. But prior to this time there were so many questions in my mind which I wanted to ask to Baba in my Dhyana. On one occasion I saw Baba sitting in front of me. I did *Pranam* then suddenly Baba said, “Don’t come in with this attitude” Then I replied to Baba, “You want us to be spiritual soldiers, don’t you? Isn’t that what you want?” Then He asked me, “What is your purpose in coming to me?” I said, “Baba, I come to serve you.” Then I started to massage Baba’s neck from behind. After a few moments Baba said, “O.K. you can go” so I did *Pranam* and left. It went on like this for several days. But the questions in my mind never got answers from Him.

One day, as usual in my dhyana, I did my *Pranam* to Him and started to massage His neck from behind. Then He said, “You come here” and stretched out

His right hand. It seemed like He wanted me to come in front of Him so I walked from behind Him towards the front. I put my right hand into His outstretched right hand as if we were shaking hands then suddenly He very quickly swung my hand in a wide arc like in Aikido and threw me onto my back on the floor. Some small things started rolling out of my body and Baba laughed in a teasing way, "Tish, tish, what kind of small creatures are inside this costume?" Then, just like a small baby crying and looking for its mother, I crawled onto Baba's lap and Baba held me, putting His arm around me like a father protecting a small child. Then He spoke to me in a very soft voice. He said, "You should not be deceived by this physical form. You should not be deceived by your thoughts. You are only my little child". Then I started to cry. I just cried and cried.

Then I realized that this physical body does not belong to me. My thoughts also do not belong to me. Actually I understood I am nothing. I am just a toy in His hands. And I realized the inner spirit of surrender.

Didi Tapaprabha

### **The Shoe Mystery**

In 1980 I had the good fortune to be in Calcutta for six months and to see Baba twice a day every day. Baba used to come to our Jodhpur Park office every morning to take report and afterwards He would give a short Darshan. Baba's office was at the back of the DC Hall and when He came in He would sit down on His cot. A Dada would remove Baba's shoes and then Baba would sit with folded legs. When the reporting session was over Baba would put His legs down and His P.A. or another Dada would help Baba put on His shoes, then Baba would leave. As I watched this routine every day a desire arose in my mind, "I wish I could be the one to put on Baba's shoes". But I was held back by shy complex and was too afraid to approach Dada Ramananda, Baba's P.A., to make such a daring proposal. Each day, however, the desire was growing in me. Then one day, Baba came as usual and sat down on His cot to take our reports. There were several rows of Dadas standing in front of Baba and I was standing in the back row. When the reporting was over Baba began to move his legs from the cot to the floor and I expected as usual, some Dada would assist Him with His shoes. To my shock and disbelief, however, nobody moved. It was as if everyone in the room

except Baba and me had become frozen. As I watched Baba's feet moving in slow motion towards the floor I could not hold myself back and pushed my way to the front and fell on my knees to help Baba with His shoes. Then Baba stood up but He did not walk away and I was able to remain there with my hands on His feet. At that moment I heard Him softly laugh.

Dada Krsnasevananda

### **One experience with Baba**

Once, when I was already an LFT, I was in India with Baba. It was around 1988. It was Sunday at Lake Gardens and Baba was giving his darshan before DC. Baba was speaking in Bengali, as He normally did. I was sitting in the packed room--one of a handful of foreigners among so many Indian margiis and workers. On the one hand, I was a little bit frustrated because I could not understand what Baba was talking about, but on the other hand I was also enjoying His presence. Just sitting in the same room with Him--watching and listening--was very satisfying.

Then, the thought came to my mind: "Oh Baba! I've heard so many stories about how You are all-knowing. I've heard so many stories about so many miracles that You've done. But I have never personally experienced any of those things! I only heard about other people's experiences! So, Baba, please do something unusual for me. Please don't mind, please don't feel angry, but please do something small for me. I don't ask for a big miracle, but please do something small. Please, just now, if you can read my mind, please turn your head to the left." Just then, as Baba was speaking, he turned to His left. I got a big shock! Baba did what I asked! But just then, I thought "maybe it was just luck. Maybe Baba just turned to the left by accident." So I started thinking again. "Baba, please don't mind, but just now, if you can read my mind, please turn your head to the right." Just then, as Baba continued to speak, He turned to the right. I thought "Oh Baba! Thank you! I won't ask You to do any more tricks for me! I won't ask for any more miracles! Now I am satisfied! I won't ask for anything more!"

Then Baba continued normally with His darshan, and nobody but me in the room knew that something unusual happened.

Dada Rudranathananda

Hong Kong Sector Workers

<b>Ac.Shubhaniryananda Avt.</b> Sectorial Secretary	<b>Ac. Mrtyuinjayananda Avt.</b> Sectorial Rector	<b>Brcii. Tapaprabha Ac.</b> D.S.L. Fukuoka
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<b>Ac. Muktatmananda Avt.</b> INPRO/FARM PRO	<b>Ac. Rasabuddhananda Avt.</b> CSPU	<b>Avtk. Ananda Hemaprabha A'c.</b> DitSL Hualien
<b>Ac. Jiivesh Brc.</b> Regional Secretary Ulaanbaatar	<b>Ac. Dyotimaya Brc.</b> UPSF	<b>Avtk. Ananda Sandiipa Ac,</b> Rector L Seoul
<b>Ac. Vijay Brc.</b> Regional Secretary Vladivostok	<b>Ac. Rudranathananda Avt.</b> Farmers Federation	<b>Avtk. Ananda Nirupama Ac.</b> S.H.P.M.G.L.
<b>Ac. Ajay Brc.</b> Regional Secretary Seoul	<b>Ac. Bhavottarananda Avt.</b> CSASD	<b>Avtk. Ananda Bhaktiprana Ac.</b> Sevalal Ladies
<b>Ac. Ananda Brc.</b> Regional Secretary Tashkent		<b>Avtk. Ananda Madhumaya Ac.</b> GP
<b>Ac. Vibhakarananda Avt.</b> Diocese Secretary Kaohsiung	<b>Avtk. Ananda Kaostubha Ac.</b> Sectorial Women Welfare Secretary	<b>Avtk. Ananda Tapashuddha Ac.</b> GV
<b>Ac. Dineshwar Brc.</b> Assistant Rector, Seoul	<b>Avtk. Ananda Suveda Ac.</b> R.S.L. Tokyo	<b>Avtk. Ananda Vidya Ac.</b> Assistant Rector Taipei

The Last Thing

You are the last stone before the depths,  
laid there immovable and silent.  
You are the unwavering post at path's end  
into an endless forest.  
You are the sweetest thought before death,  
that makes the dying giggle into eternity.

Dada Muktatmananda

## Ananda Marga Centres in Hong Kong Sector

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Periulok Trubniy 17-1/4  
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### Taiwan

Taipei Jagrti & Sectorial Office  
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Tel: 02-23654913

Tai Chung Jagrti  
18-4 Lane 40  
Chungtai W. Rd., Tai Chung  
Tel: 04-22024539

Tai Chung WWD  
46 Liao Yang Nth 2nd St Twen  
Area, Taichung  
Tel: 04-22435147

Tainan Jagrti  
3rd Fl. No 293 Chianfeng Rd.  
Pung Area Tainan City  
Tel: 06-2091460

Tainan WWD  
22 Anfeng 6th St Annan Area  
Tel: 06-3567305

Kaoshiung Jagrti  
4-1 No. 154 Ping Dung Rd. Feng  
Shan City, Kaoshiung  
Tel: 07-7435342

Kaoshiung WWD  
3rd Fl.-2, No. 92 Daxing St.  
Sanmin Dist.,Kaoshiung City  
Tel: 07-3965563

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Chau-chou, P.T.  
Tel: 08-7890451

Hua Liam Jagrti  
3rd Fl 8-2 Alley1 Lane 119  
Jung jeng Rd. Hualien  
Tel: 03-8362321

Hua Liam WWD  
3rd Fl. No. 43 Tatung St. Hualien  
Tel: 03-8335280

Yu Ching MU  
56-4 Sha Tien Village,  
Yu jing District, Tainan County  
Tel: 06-5741965

## Prabhat Samgiita

*Milaner dine prahāt kiran'e*  
*Song No. 483*

*Milaner dine prahāt kiran'e*  
*Maner kālimā chilo nā ār*  
*Milaner dine phuler suvāse prān'er suhāse*  
*Sare giye chilo jata byāthā bhār*  
*Maner kālimā chilo nā ār,*  
*Shata janamer jame āsā bhār*  
*Chilo jata shubhā shubha sam'skār*  
*Ek lahamāy kothā bhese jāy*  
*Sab bhule giye hoyechi tomār*  
*Maner kālimā chilo nā ār,*  
*Tumi ācho ār āmi shudhu āchi*  
*Sab vinimaye tomāre peyechi*  
*Tomār kripāy moha mucche jāy*  
*Cāoā pāoā sab hoye ekākār*  
*Maner kālimā chilo nā ār,*  
*Milaner dine prabhāt kiran'e*  
*Maner kālimā chilo nā ār,*

*On the day of union, bathed in the rays of the morning sun,  
 no ill feeling lingered in my mind.  
 With the fragrance of flowers and the smile of life,  
 all mental afflictions were removed.  
 The accumulated reactions, good and bad, of hundreds of lives,  
 all vanished in a flash.  
 I have become yours, forgetting the past.  
 Only You exist and I remain. I attain you in exchange for my all.  
 By your grace, my attachments and infatuations are dispelled.  
 All desires and attainments have been unified.*

## Hong Kong Sector Web Sites

**Hong Kong Sector**  
[www.hks.amps.org](http://www.hks.amps.org)

### **Taiwan**

**Main**  
[www.anandamarga.org.tw](http://www.anandamarga.org.tw)

**English**  
[www.yoga.have.com.tw](http://www.yoga.have.com.tw)

**Taipei**  
[www.ananda-yoga.org](http://www.ananda-yoga.org)

[www.sdm.org.tw](http://www.sdm.org.tw)

[www.prout.org.tw](http://www.prout.org.tw)

**Baba's Tour Taiwan**  
[www.babastourtaiwan.com](http://www.babastourtaiwan.com)

**Japan**  
[www.anandamarga.jp](http://www.anandamarga.jp)

**Sunrise Playschool, Fukuoka**  
<http://is-talent.com/sunrise/top.html>

**Korea**  
[www.anandamargakr.org](http://www.anandamargakr.org)

**Russia**  
[www.ab.ru/~ananda/](http://www.ab.ru/~ananda/)

**Mongolia**  
**Ananda Meditation Center**  
[www.anandacenter.org](http://www.anandacenter.org)

**Lotus Children's Centre**  
[www.lotuschild.org](http://www.lotuschild.org)

A'nanda Ma'rga  
1955-2005  
**50<sup>th</sup>**  
Anniversary



'All the beings of this universe are the kith and kin of one another...  
none is despicable...all are equally respectable...all are entitled to equal  
love and affection.'

Shrii Shrii Anandamurtiji