

MAHAVISHVA

Ananda Marga Pracaraka Samgha

Hong Kong Sectorial Newsletter



International DMS

PP Dada gave the name "International DMS" for it was truly a grand gathering of 440 devotees from over 20 countries. Most countries of Hong Kong Sector were represented. Additionally many Margiis came from India, Vietnam and Nepal. Other Margiis came from Philippines, Brazil, Australia, USA, UK and Singapore.

RAWA Programs

Three Rawa program in evenings were very professional with excellent performances from India RAWA team of Brother Mrnal, China, Taiwan, Korea,

Hong Kong DMS-A Dream Come True!





Japan, Vietnam, Philippines, Kyrgyzstan, Hong Kong, Mongolia and Nepal. All three nights were full of thrilling presentations of Prabhat Sangeet, a drama, traditional songs, dances and vibrating solo performances from many countries.

DMS Venue

The DMS venue was very inspiring with many green trees and a panoramic view of the ocean corridor. The accommodation was very comfortable and every room was utilized to host all the Margiis and Acaryas. The weather throughout the entire DMS was warm and pleasant. The DMS hall was beautifully decorated and a large new carpet provided comfortable seating conditions for the participants.

Opening Ceremony

The opening ceremony began with highly entertaining cultural performances with a Prabhat Sangeet dance by Nirmala from South Korea, songs by Russian Margii group Cosmic Love and a very traditional "Hong Kong Lion Dance.

After two years of planning, meeting and promotion our historical DMS took place in Pak Tam Chung Holiday Camp in Hong Kong from October 2-6 in the august presence of PP Dada and his entourage of 6 acaryas from Central Office.

Grand Reception

All Margiis gave a grand reception to PP Dada and his entourage at 11.30 a.m. on October 3. A guard of honor of ASD and Seva Dal volunteers saluted PP Dada and RS HK Ac. Krsnamayananda Avt gave a garland to PP Dada. Twenty sisters from GV performed kaoshikii and 10 Russian brothers did tandava. Margiis from more than 10 countries welcomed PP Dada with their traditional song—some were even in their traditional dress.

Thereafter Dada garlanded Baba's photo and was escorted to his residence by SS Hong Kong Ac. Shubhaniryasananda Avt.

48 Hours Akhanda Kiirtan

The most attractive devotional program was the 48 hours Akhanda Kiirtan, which began at 3 pm on October 3rd and continued until 3 pm on October 5. Different groups from all the countries had a chance to sing Kiirtan according to their style and many new tunes and melodies were played. The final 30 minutes emitted a very strong devotional vibration that left many devotees in spiritual ecstasy. The Kiirtan program included original melodies from many countries in Hong Kong Sector.

Inspiring Workshops

On October 3 and 4 several workshops were held to educate the



After the performances, SS Dada and Central Representative Ac. Madhuvratananda Avt. garlanded Baba's photo. Then Hong Kong Bhukti Pradhan Sister Sumati, SWWS Didi, Ac. Madhuvratananda Avt and SS Dada inspired all the Margiis for the DMS. SS Dada welcomed the Margiis country wise.

SS Dada introduced the HK Sector workers as well as workers from other Sectors.

Excellent Planning and Execution

The successful event came about through 2 years of planning led by SS Dada Shubhaniryananda Avt., SOS Dada Yogananda Avt. and RS Hong Kong Dada Krsnamayananda Avt. It was unimaginable that a small team of not more than five Hong Kong Margiis could carry the weight of the whole program and bring it to a successful finish.

The wave of inspiration that flowed from this DMS is sure to enrich the activities of Ananda Marga in Hong Kong Sector and spread all over the world.



Margiis in different aspects of Ananda Marga teachings and practices.

Some of the workshops were in Chinese and some were in English. The Science of Mind by Sunil was attended by 40 people; Didi Ananda Tapomaya's talk on Neohumanist Education was attended by 40 margiis; Ac. Priyadarshi's talk on Health and Wellness was attended by 30 people. Dada Dharmavedananda and Brother Nirainjan's talk on the same topic in English was attended by 60 people; Jiivan Deva's presentation on Sustainable Economy was attended by 15 people; Central WWD Secretary Avtka. Ananda Danavrata Ac.'s talk on How to Control Emotions Through Meditation and Yoga was attended by 20 sisters. Finally Brother Mrnal's RAWA workshops over 3 days were attended by 10 Margiis.

Margii Meetings with PP Dada

PP Dada devoted maximum time to meet Margiis from all of the countries of Hong Kong Sector. He led three other meetings namely for family acaryas, LFT's and Bhukti Pradhans and Unit Secretaries. He had very little free time during the packed and dynamic program.



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Inspiration

Shrii Shrii Anandamurti

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Messages

Namaskar!

Welcome to the latest edition of the Mahavishva December 2018, Sectorial Newsletter of Hong Kong Sector which highlights all the news and progress in HK sector during the last six months. The readers will get to understand in a better way about HKS and will surely be inspired. While as a spiritualist we might be living longer on this planet to serve suffering humanity and attain the supreme beatitude, we want to help everyone live a better way through their good health and sadhana. By Baba's grace we are a good team in HKS with so much inspiration from AMPS Central and all around the world. We aim to be a good example, the pioneer for the new age and an inspiration in the world for Baba's Mission. Such as Meditation Steps You Tube channel by Dada Sadananda jii, which has been very beneficial in creating so many margiis in hundreds of countries in the world; the Ananda Nagar education project; and now with the help of every sector and Central AMPS we have started the very noble project of Baba's birth place in Jamalpur, Ananda Sambhuti Master Unit. I hope this can be a new inspiration for peace and love.

Many great works have been done by our team. The DMS in Hong Kong was a great success and an historical event in the history of AMPS, which has inspired so many people throughout the world. We finished construction of Marga Guru's Quarters in Ananda Shivani Master Unit in Siberia which is very important for spiritual progress. There is more work done in various countries by various workers. Please see the contents to view more of the news. My special thanks and appreciation to all the Margiis and workers who worked so hard to achieve the progress of Hong Kong Sector. Thanks to Ac Shiilabhadrananda Avt for editing and making this magazine so beautiful and colorful. Wishing him Baba's grace and love.

I hope you enjoy this issue, Wishing you all a blissful and very energetic new year.

Hope Baba will surely shower His grace to all His devotees for success in future .

Ac. Shubhaniryananda Avt.
SS Hong Kong

It's my great opportunity and pleasure to share my feelings through Mahavishva.

Perfection is not attainable, but if we will chase after perfection we can achieve excellence. Challenges are what make life interesting and overcoming them is what makes life meaningful.

Our goal is self liberation and service to suffering humanity. And I can say very proudly that all Hong Kong sector workers are doing very hard work to establish Baba's mission, through so many spiritual programs, service and RAWA programs.

We had a powerful organizational and devotional DMS in Hong Kong. In Russia and Taiwan our Master Units are progressing and giving service to many people.

Thank you to all. My best wishes are always with all. Thank you to my most beloved Baba to keep inspiring us always. Param Pita Baba Ki! Jay!

Avtka. Ananda Kalyanshrii Ac.
SWWS Hong Kong Sector

I feel honored to have the opportunity to share the good news of Ananda Marga work in Hong Kong Sector. Our magazine only captures a small portion of the immense service and positive energies that our Acaryas and Margiis generate every day as we unitedly strive to realize His dream of One Universal Human Society.

With the awe-inspiring DMS propelling us forward with renewed confidence and vigor we are ready to take on ever greater challenges that would please our Beloved Gurudeva whose perennial inspiration remains ever present in our hearts.

Ac. Shiilabhadrananda Avt.
PRS Hong Kong Sector

News Around the Sector

Vladivostok Region

Dada Gunatmananda has been working for most of the year to gather funds and do the construction of a new 3 story building at the Ananda Annapurna Master Unit in Tayoshka, Far East Russia. With the assistance of LFT brothers Vrajagopal, Ashutosh and Sanjay the building is now 80% completed.



When completed there will be 10 bedrooms, a toilet/ bathroom block, a Meditation Room and a large Meditation Hall.



The 3rd floor will be for accommodation.

Retreats at Ananda Annapurna

The construction work did not prevent regular ongoing activities of Ananda Annapurna from going ahead. With the onset of warmer weather many programs are realized. The response was greater than last year for our May Retreat for non-Margiis in which 63 people attended.



Tandava Dance by new participants.

Meanwhile our May Margii Retreat gathered together 45 Margiis.



Sharing good company at Ananda Annapurna.

Two Baikal Retreats Well Attended

Two Retreats were again organized at Lake Baikal this year that inspired the Margiis of Eastern Siberia, Irkutsk Region. A total of 37 people attended the 3-day program in August. And a second one in November was attended by 30 Margiis.

The annual Summer Retreat brought together 58 Margiis including three from Korea and one from Taiwan.



Baikal Retreats Organized by LFT Advaeta with help from Irkutsk and Ulan-Ude units.



Hema, Hiteshvari and Nirmala Attended from Korea and Mamata from Taiwan.



LFT Brothers at Ananda Annapurna

A new Retreat in October with Dada Sadananda attending was attended by 34 Margiis. While the Autumn Retreat in November attracted 42 people.



Dadas Gunatmananda and Sadananda.



Participants enjoy RAWA program.

Rendering Valuable Service to the Destitute and Homeless

The weekly food distribution in Vladivostok continues in its fourth year to provide warm meals to around one hundred and fifty homeless and destitute people there.



Weekly Sadavrata



Vladivostok Margiis do regular service.

Zero Waste Ecological Project

Didi Ananda Sainjana reports that the Yekaterinburg Margiis have started a zero waste ecological project which promotes the use of reusable straw. The project is managed by LFT sister Vimalabhadra.



Yekaterinburg Margiis

Meanwhile honey production at Ananda Shailaduhita Master Unit produced 350 kg of honey this year. Recently extra land was bought to serve as a residential place for the caretaker of the Master Unit, Dharmamurti and his family.



Ananda Shailaduhita, Altai Region, Siberia.

Hong Kong Region

Core Margiis Run Hong Kong Center

Dada Krsnamayananda's team of Hong Kong Margiis are a small, energetic bunch. Not only did they successfully manage the biggest event in the history of our Sector, the Hong Kong DMS, they continue to host numerous programs at the Kwai Fong Center to inspire themselves and bring new people to the Ananda Marga lifestyle.

Vegetarian Cooking Class

The Nepali Vegetarian Cooking Class which took place on August 25 was attended by 11



people. Regular cooking classes from a variety of styles are held at the Center.

Dance Workshop

A different kind of workshop entitled, "The Art of Co-Presence" brought together 11 participants on September 2. Everyone was amazed at how the participants supported each other to accomplish cooperative movement tasks given by the instructor.



Yoga Meditation Workshop for Companies

Dada Krsnamayananda keeps busy by offering yoga meditation workshops to different enterprises in Hong Kong. Simple yoga postures help participants to overcome body stiffness. While meditation brings joy and calmness in the lives of people who are extremely stressed by their work environment.



Yoga Detox Retreats are a popular calendar event with 3 this year attended by 13, 10 and 12 people respectively.



Seoul Region

Public Events Highlight AM Way

Ananda Marga held two public events this year that attracted many people to its universal teachings and practical wholistic lifestyle.

We participated for the 4th time in the International Music and Meditation Festival in Jeju Island from May 12-16.

The Margii band called “The Bhaktas” enthralled the audience with their unique electro-ambient music that gave a new sound to Kiirtan and Prabhat Sangeet melodies. Sixty five Margiis from Korea, China and Taiwan joined this year’s program.



Kiirtan and Meditation overlooking the sea.

Meanwhile Ananda Marga was again invited from October 8-14 for the Alternative Medicine Exhibition sponsored by local government in Jangheung, South Jeolla Province.

A total of 30 yoga classes that benefitted 89 people were given during the week. 10 Margiis and 2 Acaryas could attend at various times during the 7 day Exhibition.



Our stall at Alternative Medicine Exhibition.

Numerous Activities at Ananda Karnika Master Unit

A variety of programs at Ananda Karnika Master Unit kept the small Margii community active and inspired for their spiritual practices.



Four Advanced Yoga Courses Benefited 53 Margiis

Other programs included Learn Guitar Camp, Non-Violent Communication Workshop, Sadhana Shivar, Spring and Autumn Conferences, Prabhat Sangeet Retreat and Samkalpa Day.

New student Margii Bodhideva organized three Youth Camps at the Master Unit. which



Showing off their delicious dishes.



Sister Sumana's NVC workshop benefited 8 Margiis

Pracar Activities Around Korea

Apart from the Master Unit we held events in other places of South Korea.

Two one day seminars in Daejeon benefited 47 people at Janakii's residence.



June seminar in Daejeon.

Dada Shubhacintananda's 3 day Prabhat Sangeet program in Pusan benefited 65 participants.



Our hike to Jirisan Mountain was joined by 12 Margiis. And the 5-day Fasting Camp in Hongdong benefited 15 people.

Tokyo Region

Steady Progress in Japan

Dada Vijitatmananda reported 20 Margiis attended the late Spring Conference on June 9-10 in Wakayama.



Meanwhile Dada now has Dharmacakra and class in Tokyo whose average attendance is 7-11 Margiis.



Tanabe Group Meeting

Dada's group meeting in Tanabe organized by Santosh brought together 26 people. Weekly DC there brings together 6-7 Margiis.

Osaka Sadavrata



Daily Sadavrata near Dada's Osaka office for destitute people benefits three persons. Occasionally jacket, pant, hat, socks and blanket are given to homeless people.

Recently Dada visited Nabari looking for a possible Jagrti to share with Margii brother Ciranjiiva.

Taipei Region

WWD Sectorial Office Gets a New Look!!

Due to the hard work of SWWS Didi Ananda Kalyanshrii and her closely knit team, the WWD office in Taipei has been remodeled and expanded to accommodate more people in comfort. The renovations took 5 months to complete—but the result is like a brand new apartment! The Didis offer their warm thanks to all Margiis who came forward generously to realize this long cherished dream. Thirty Margiis celebrated at the house warming ceremony on October 28.



New Kitchen



New DC Hall



Renovation Work

Prabhat Sangeet Workshops

Sister Nirmala of Korea visited Taiwan in July and taught basic classical Indian dance mudras combined with Prabhat Sangeet songs to many sisters all over the island.



Taipei Full of Prachar Work

Didi Ananda Kalyanshii and Didi Maheshvarii teamed up to realize many pracar activities in Taipei.

Utilizing their new premises the Didi's started a new monthly sister's pancajanya program with 10 sisters joining regularly.



A new DC began every Tuesday while a new Yoga class started every Wednesday.



Didi's cooking class of November 17 benefited 8 sisters.



The Didis also began a new monthly service activity for elders in Taipei.

In collaboration with the District Mayor Didi Maheshvarii conducted two workshops that benefited 30 elders. Didi's talk on health tips were combined with Kiirtan and Kaoshikii practice.



So that the sisters could refresh their PS dance routine, Didi Ananda Kalyanshrii taught a mudra class for 20 sisters on November 18.



Carushiila's Peaceful Refuge

The Didis utilized the excellent facilities and peaceful atmosphere at Carushiila's Retreat Center to conduct a few programs there.



A one day intensive meditation camp (silence retreat) brought together 30 people.

A Sister's Retreat on the November 9-10 weekend benefited 10 devotees.



Didi Maheshvarii attended a teenager's camp with the help of Amalina in August at which 17 young people participated.



Taipei Jagrti Gets a Facelift!

The front portion of the Taipei jagrti was cemented and waterproofed thanks to the hard work of Dada Rudranathananda and brothers Ananta, Cidatma and Pavitra on December 2-3.



Visit to Leper's Home in Taipei

We continued with our annual service to the lepers on June 10th when 10 Margiis and 4 acaryas cooked food and shared good feelings with them.



First Diocese Seminar —Good Response

The Second Phase seminar was attended by 30 Margiis and 7 acaryas on June 24th in Taipei Jagrti.



Prachar to Indian Community

Dada Shubhacintananda and Dada Priyabodhananda held a weekend Pracar program for seven members of the Indian community in Taipei.

Dada Shubhacintananda and 9 other Acaryas joined in the 6 hour Prabhat Sangeet program in the Taipei Jagrti together with 20 Margiis. The program also



included nicely performed Prabhat Sangeet dance. Another group of Margiis performed a dramatic portrayal of one song, expressing their emotions with various artistic movements.



For the fourth successive year a 6 hour Prabhat Sangeet program was organized in Taipei Jagrti.

72 Hours Akhanda Kiirtan at Ananda Suruci

This year's edition of 72 hours Kiirtan brought together 60 Margiis and 9 acaryas from July 5-8.



Guru Puja on last day of Akhanda Kiirtan

Hsinchu Unit also held their own Prabhat Sangeet marathon with guidance from Uttama and Jyoti.



Visit to Elder's Home Taipei

On August 10, Dada Rudranathananda and the Taipei Jagrti Margiis took about 15 elderly people to a nearby park for relaxation and Kiirtan.



Our annual service to the Elders was done in mid-summer this year.

Wonderful Response in Wuxi

Dada Japeshvarananda and Dada Caetanyananda were invited to Wuqi near to Taichung on December 8. Two hundred people participated in the 20 minutes Kiirtan.



13 People Were Initiated at the Program

U Lecture in Taipei

Dada Japeshvarananda also delivered a 4 hour lecture at the Fu-Jien Catholic University in Taipei at which 93 people attended.



Taipei Regional Conference Well Attended

Although there was the historical Hong Kong DMS one week later, still 170 Margiis from Taiwan managed to attend the Regional Conference in Ananda Suruci on the September 21-23 weekend.

Chang Kung University Club Continues

Dada Priyabodhananda continues the yoga meditation classes for 20 university students every Monday in the Tainan Jagrti.



Busy Programs in Yekaterinburg

Didi Ananda Sainjana reports a successful one-day Satsaunga in Yekaterinburg that resulted in 10 initiations out of the 20 people who participated.



12 hours Akhanda Kiirtan, Lectures on Shiva and Shivokti were highlights. 3 initiations.



Tyumen Prachar

During his November tour Dada Siddhartha also visited Tyumen from November 13 to 18.



Twenty people attended the collective meditation and Dada's talk on "The Base of Life". During his tour Dada organized 3 Akhanda Kiirtans, spiritual talks, initiations and lesson reviews.



Ananda Matrika MU's Busy Schedule

Many activities constantly occur in Ananda Matrika through the hard work of Didi Ananda Shivanii and her volunteer team of 23 neighbors.

On Kaoshikii Day a Laughing Yoga Club visited the Master Unit to learn how to dance Kaoshikii.

Didi and her volunteers visited a Home for Senior Citizens where they demonstrated Kiirtan and Kaoshikii to the residents.



Local Yoga Students Visit MU

A series of four talks were organized for local yoga students with 15-20 students attending each talk. Lecturers included Dr. Hitendra, Shobhana, Jiivapriya, and Suviir.



In the garden area the volunteers tilled the soil so that cultivation of crops will produce a better harvest. Every day at least 15-20 volunteers come to assist Didi in the Master Unit.



New Vegetable Garden at Ananda Suruci

Using the expertise of Dada Priyabodhananda and the labor of the volunteers, Ananda Suruci has now begun vegetable cultivation to complement its large variety of fruit trees.

A new irrigation system waters newly planted cabbage, cauliflower, broccoli, four types of capsicum, red and orange tomatoes, bitter gourd, cucumber, greens, three types of lettuce, sweet potato, radish, carrots, french beans, beetroot, corn and eggplant.



Yoga Detox Retreats Grow in Popularity

Our Yoga Detox Retreats at Ananda Suruci draw many people from all over the world. The most recent 7-day program attracted people from Hong Kong, Singapore, Japan, Canada, Thailand, Holland and Haiti apart from Taiwan. The June Camp was attended by 13 people.



These Retreats are a bit lighter than the intense fasting camps which occur twice per month.

Infrastructural Improvements

Meanwhile Ananda Suruci continues to add more structures on its land to advance its operations and make it more comfortable for visitors.

After receiving donations worth \$US4000 a new bakery and Farpro unit was built.



Coconut chutney, banana jam, and a variety of breads are just a few of the items made daily at the Master Unit Farpro center.

A new outdoor shower unit was installed for long-term volunteers.



A new compost toilet was recently installed in the farm.

Yoga Meditation Camps 4 Times Per Year

The Yoga Meditation Camps led by Ac. Liila are now a regular feature at Ananda Suruci. The August event attracted 18 participants from nine countries, seventeen of whom learned personal meditation.



Happy yogis in front of Our Wellness Center

Thirty five new papaya trees and twenty new banana trees now make the Master Unit completely self-sufficient in these fruits.



Ulaan Baatar Region

AMURT Helps Needy Families

Dada Divyalokeshananda reported that three needy families from Mongolia's second city, Kharkorin received new gers (traditional Mongolian homes) just in time before the cold winter sets in. Dada visits Kharkorin occasionally to try and set up a new AMPS unit there.



Dada could utilize the funds donated from his April concerts in Taiwan to purchase the gers for the needy families in September.

Mongolian Margiis Enjoy Prabhat Sangeet

A four hour Prabhat Sangeet program on Prabhat Sangeet Day was attend by 15 Margiis in the Ulaan Baatar Jagrti.



Ananda Sambhuti Master Unit- Jamalpur Global Model Project

Our SS Dada, Ac. Shubhaniryananda Avt with inspiration from Central Office took up an ambitious project in October 2017. Dadaji visualized the establishment of a Global Model Project in Jamalpur, the birthplace of our Gurudeva, Shrii Shrii Anandamurti.

With help from several workers and Margiis of Hong Kong Sector and from other parts of the world, a 30 acre land was purchased and registered on August 31. Very shortly another 11 acres of land will be purchased. The target is to purchase 130 acres of land that will provide a variety of units comprising the Master Unit. The vision is to construct basic facilities and a pandal so that on the occasion of Baba's 100th birth anniversary in 2021 we may hold DMS there.

Our SS Dada is the Project Director of an international committee created by Central Office to oversee all aspects of the fundraising, purchasing, construction and management of this new Global Master Unit. It is hoped that the good quality standard of construction and transparent management of all institutions will become a showcase of Baba's grand vision for all-round development of human society. Please visit the website jamalpur.amps.org and Facebook:amjamalpurproject for more details.



Dharmacakra on the Newly Purchased Land on Occasion of Holi-March 2.

A global appeal for funds has been requested to realize the target of purchasing and registering all lands by December 2019.

In a meeting recently with the District Magistrate (Chief Administrator in Jamalpur area) the DM expressed profound joy with our large scale plans and promised full cooperation to ensure its successful realization.



The entire land is suffused with spiritual vibrations that will inspire all sadhakas.



Acaryas from various countries visited Ananda Sambhuti in October and were inspired by its immense potential, clean air, pure water and natural beauty.



The new land is 3.3 km away from Jamalpur train station on the southeast side.

Hong Kong Sector Events 2019		
Date	Days	Event
January 5-20	Sat-Sun	Kiirtan Parikrama in Taiwan
January 2-7	Wed-Mon	5 Days AK and Seminar in Ananda Shivanii MU, Russia
January 2-7	Wed-Mon	5 Days AK and Seminar in Ananda Annapurna MU, Russia
Feb 6-10	Wed-Sun	Sadhana Shivar in Taipei
Feb 4-9	Mon-Sat	Chinese New Year Holiday
Feb 17	Sun	1st Diocese Seminar in Taipei
Feb 18	Mon	IRSS & SEC in Taipei
Mar 10	Sun	Seminar in Tainan
Mar 17	Sun	Seminar in Taichung
Mar 17	Sun	Seminar in Kaohsiung
Apr 2-3	Tue-Wed	WRC/GV Camp in Taiwan
Apr 5-7	Fri-Sun	Sectorial Conference in Ananda Suruci MU, Taiwan
Apr 8	Mon	SEC
Apr 8-11	Mon-Thurs	RDS
Apr 20-21	Sat-Sun	Regional Conference in Ananda Karnika MU, Korea
May 18-19	Sat-Sun	Regional Conference in Japan
June 16	Sun	Seminar in Taipei
June 17	Mon	IRSS & SEC in Taipei
June 23	Sun	Seminar in Taichung
June 30	Sun	Seminar in Tainan
July 4-7	Thurs-Sun	72 Hrs Akhanda Kiirtan in Ananda Suruci MU, Taiwan
July 14	Sun	Seminar in Kaohsiung
July 23-28	Tues-Sun	Regional Conference in Ananda Shivanii MU, Russia
July 29	Mon	IRSS at Ananda Shivanii MU, Russia
July 27-31	Fri-Tues	Student Camp in Ananda Suruci MU, Taiwan

Date	Days	Event
August 20-25	Tues-Sun	Diocese Conference Ananda Annapurna MU, Russia
September 4-10	Mon-Sun	Spiritual Conference in Bishkek
October 11-13	Fri-Sun	Sectorial Conference in Ananda Suruci MU, Taiwan
October 14-17	Mon-Thurs	RDS at Ananda Suruci MU, Taiwan
November 17-18	Sat-Sun	Regional Conference in Ananda Karnika MU, Korea
November 23-25	Fri-Sun	Regional Conference in Japan
December 9	Mon	IRSS & SEC in Taipei

Fasting Chart for 2019

Date	Day	Event
Jan 1	Tues	Ekadashi
Jan 5	Sat	Amavasya
Jan 17	Thurs	Ekadashi
Jan 20	Sun	Purnima
Jan 30	Wed	Ekadashi
Feb 4	Mon	Amavasya
Feb 15	Fri	Ekadashi
Feb 19	Tues	Purnima
Mar 1	Fri	Ekadashi
Mar 5	Tues	Amavasya
Mar 16	Sat	Ekadashi
Mar 20	Wed	Purnima
Mar 31	Sun	Ekadashi
Apr 4	Thurs	Amavasya
Apr 15	Mon	Ekadashi
Apr 18	Thurs	Purnima

Date	Day	Event
Apr 29	Mon	Ekadashi
May 4	Sat	Amavasya
May 14	Tues	Ekadashi
May 18	Sat	Purnima
May 29	Wed	Ekadashi
Jun 2	Sun	Amavasya
Jun 12	Wed	Ekadashi
Jun 16	Sun	Purnima
Jun 28	Fri	Ekadashi
Jul 2	Tues	Amavasya
Jul 12	Fri	Ekadashi
Jul 16	Tues	Purnima
Jul 27	Sat	Ekadashi
Jul 31	Wed	Amavasya
Aug 10	Sat	Ekadashi
Aug 14	Wed	Purnima
Aug 26	Mon	Ekadashi
Aug 29	Thurs	Amavasya
Sep 8	Sun	Ekadashi
Sep 13	Fri	Purnima
Sep 24	Tues	Ekadashi
Sep 28	Sat	Amavasya
Oct 8	Tues	Ekadashi
Oct 13	Sun	Purnima
Oct 24	Thurs	Ekadashi
Oct 27	Sun	Amavasya
Nov 7	Thurs	Ekadashi

Date	Day	Event
Nov 11	Mon	Purnima
Nov 22	Fri	Ekadashi
Nov 25	Mon	Amavasya
Dec 7	Sat	Ekadashi
Dec 11	Wed	Purnima
Dec 22	Sun	Ekadashi
Dec 25	Wed	Amavasya

Ananda Marga Festivals 2019

Date	Day	Event
Jan 1	Tues	New Year's Day (International)
Feb 12	Tues	Nilakantha Divas
Mar 5	Tues	Dadhicii Divas
Mar 21	Thurs	Vasantotsava
May 18	Sat	Ananda Purnima
Aug 15	Thurs	Shravanii Purnima
Oct 4-8	Fri-Tue	Sharadotsava
Oct 4	Fri	Children's Day
Oct 5	Sat	Public Day
Oct 6	Sun	Fine Arts Day
Oct 7	Mon	Music Day
Oct 8	Tues	Vijayotsava
Oct 17	Sun	Diipavali
Oct 29	Tues	Bhratrdvitiya
Nov 11	Thurs	Navanna

New MG Quarter in Ananda Shivanii

With the help of 20 brothers who took a three week LFT training, Dada Sadananda recently completed the construction of a Baba's Quarter at the Ananda Shivanii Master Unit in Siberia. The five roomed building has been given the name: "Madhu Smita" by PP Dada.



After working in sub-zero temperature over 3 months the building is beautifully painted and insulated from the winter cold.

