



# Mahāvishva

Ānanda Mārga Pracāraṇa Saṁgha  
Hong Kong Sector Newsletter Souvenir

## Highlights

- Project development
- Regional News
- Ananda Sambhuti





# Offering to Bábá

To my beloved Bábá

Offering His flowers back unto His lotus feet

Tava Dravyam Jagatguro  
Tubhyameva Samarpaye



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## Inspiration

Shrii Shrii Ánandamúrtjii

## Published by

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Ác. Yogánanda Avt.  
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## Be Firm

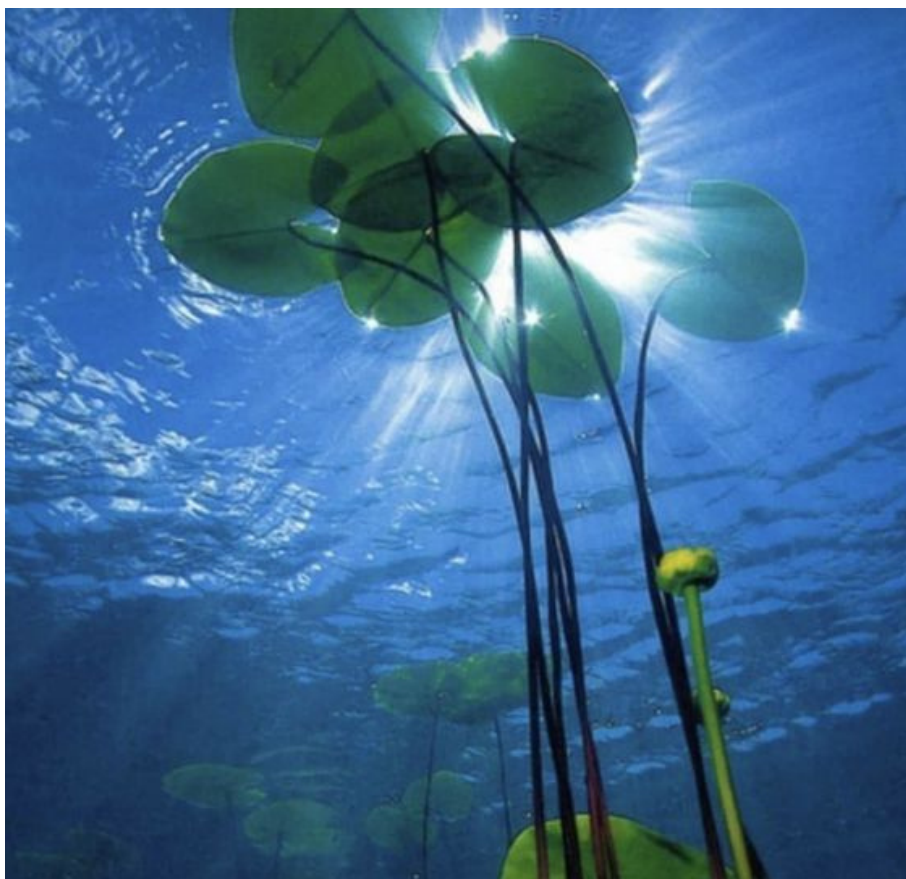
In the eight-fold path of bliss propounded by Lord Buddha, the first point is saṁyak samkalpa – proper ideology. There cannot be proper movement unless there is a proper ideology, a right destination. For proper progress and right movement, we need a proper ideology and firm resolve. Establishing your goal, with firm determination to realize it, is saṁkalpa.

When Lord Buddha first sat in contemplation, his goal was not fixed. There was doubt and confusion in his mind. He was not certain of what he wanted. And so, whatever he wanted, he was not certain of getting it. But later, when Buddha sat in contemplation (after eating some sweet rice made in milk which was given to him by Sujátá), he took a complete saṁkalpa. He fixed his goal and made a firm determination to achieve it. He resolved that he would not get up from his contemplation until he attained spiritual realization, even if his body perished. Then he succeeded in attaining his goal.

The firmness of a person's resolve makes him great. However lowly a person may be, he can become great by his determination. If you have a firm resolve to realize your goal, you shall become great. Without a firm resolution, you cannot achieve anything.

29 August 1978, Patna

Shrii Shrii Ánandamúrtijii



## Messages

Namaskar!

I'm very glad to publish our March edition of Mahavishva, sectorial news letter. During the last 3 months we have done so many activities, programs, celebrations, project development and pracar. Through this edition of Mahavishva you will see the progress done by workers and margiis of the sector.

In Him, Yours Sincerely  
 Ác. Shubhaniryásánanda Avt.  
 SS Hong Kong Sector  
 16th March 2023

It's a great honour to share my feelings through Mahá Vishva.

As an SWWS I would like to share Bábá's words for all His devotees, how he likes to see us in his eyes.

Bábá said " Fight for your ideology. Be one with your ideology. Live for your ideology And Die for your ideology .  
 It's a big responsibility for all devotees, workers and Margii's to carry His victory banners without if's and but's

We have to always remember that Parama Puruśa came to this world with a physical form to guide us to make the best harmonious and healthy individuals and create a collective society.

He gave us His time, and not only His time, but He also shared part of His life with us. He chose to fulfil His great mission through us. I am very proud to be a part of Hong Kong sector.

All workers, Didis and Dadas, Margii Brothers and sisters of Hong Kong sector are always trying to make BABA happy by doing very hard work to establish AM organization.

His great mission is moving towards self liberation and service to the suffering humanity by doing different types of socio-spiritual online & offline activities.

By His Grace, all Didis in Hong Kong sector have been working very hard to establish Bábá's mission through various activities, at the same time doing WWD department work, teaching sisters about WWD and awakening of women, organising different activities around the sector as well as doing a lot of pracar work. BA'BA' said through all works, big and small, Humanity has to be awakened.

Wish you all, all-round progress  
 THANK YOU

Avtk. Ánanda Kalyáñashrii Ác.  
 SWWS Hong Kong Sector

Namaskar,

I feel so inspired to read all the good news from Hong Kong sector over the past three months. So Many Margiis and WTs are working tirelessly to accomplish His sublime mission.

Bábá said, "Instil hope in the hearts of those who have become hopeless, bring the immoral people unto the path of morality, give food to the hungry, serve the bare necessities of life to the needy."

Let us remember these words and continue to work selflessly, under His loving guidance for establishment of Bhágavad Dharma.

In His Love,  
 Ác. Yogánanda Avt.  
 SOS Hong Kong Sector  
 18th March 2023

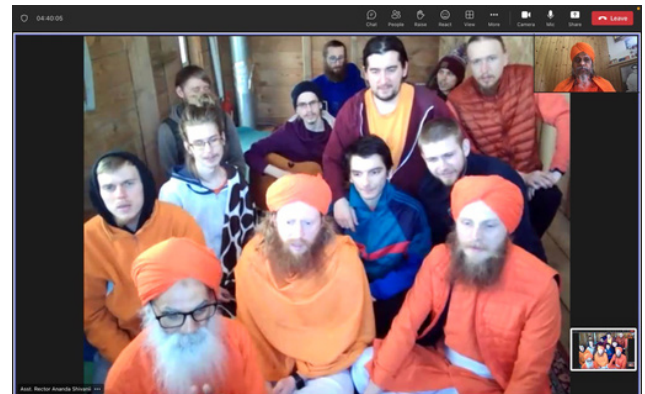
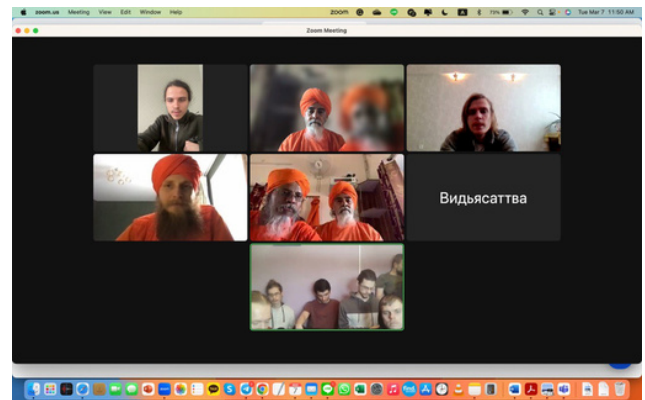
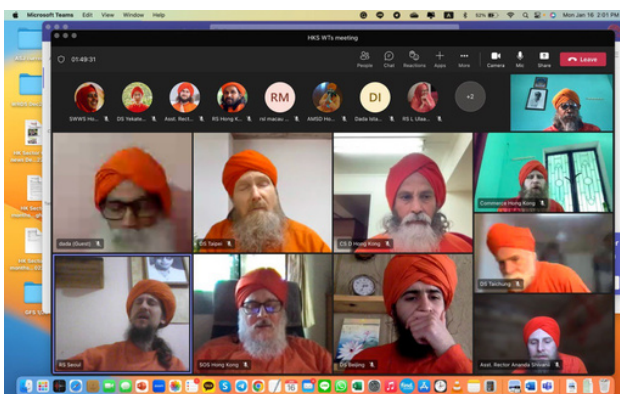


## Sectorial RDS and local IRSSs

ÁC. Shubhaniryásánanda Avt., SS HK, has been conducting regular online meetings with all workers. In April our first offline RDS will be held in Taiwan, after the pandemic with the attendance of all workers.

Local IRSSs have also been conducted throughout the sector with the effort and inspiration of SS.

Brothers LFT exam was taken for the new LFTs by SS HK.



## Support for AMURT Turkey

\$15,000 were raised by the Ananda Marga Foundation, Taiwan, to support the work of AMURT/EL Turkey, in their efforts to help the earthquake victims.

Donations were also recieved from Korea. In total Hong Kong sector sent \$25000 to help in the releif work.



## Taipei Region

### Ánanda Suruci MU

So far 2023 has been very active at Ananda Suruci MU, by the great efforts of Ác. Yogánanda Avt. and local Margiis. Apart from the regular fasting camps, two yoga student camp was held in January & February, which were attended by over 40 students and volunteers from Taiwan and Malaysia. Students enjoyed delicious vegetarian food, daily yoga and meditation classes and gardening activities etc.



### Master Unit development

The MU farm has also been expanding, almost 500 more pineapples, 2 rows of each peanuts and sweet corn and a row of sweet potatoes were planted.



The 5 rooms at the Rector's office building were newly decorated and upgraded, ready to accommodate the 21 Dadas, who will stay there during the Sectorial Conference and RDS in April.



Painting of the upstairs outside walls of the main building and renovation of the wall lights have just finished.



The MU bakery and food processing of farm produce continues to develop. Last month over NT\$140,000 (US\$4,500) of our products and health foods were sold to the camp students. The next project is to improve the vegetable garden, which will hopefully be completed in April. After that construction of 5 new rooms for guests and staff accommodation on the roof of the wellness center dining hall will begin.

Like many countries around the world, the weather in Taiwan has been changing and an especially dry winter in Southern Taiwan has been experienced. So, 2 of the ponds have been enlarged and the rainwater collection system for the wellness centre is in the process of making improvements, so that it can be stored for flushing toilets.





# Ánanda Mátriká MU

Brcii. Aritá Ác., Asst. Rector L Ánanda Mátriká has been conducting the following activities;

- Blongshan Community regularly Service for 30 elders (Meditation, Kiirtan, Kaoshikii)
- Zhongtan Community regularly Service for 50 elders(Meditation, Kiirtan, Warm ups)
- Niilakantha Divasa - Distribute food for 35 Homeless in Tainan.
- Retreat for new sisters in Ananda Matrika MU Three Days in January and February.
- Seminar class in Tainan “Shiva’s teaching” for 20 Margiis





## Kiirtan Parikrama, Taiwan

Kiirtan Parikrama was organised by Avtk. Shivanii Ác. and Ác. Priyabodhánanda Avt. The tour had 14 stops in which many margiis and acharyas joined. 15 margiis and Acaryas followed the whole tour.



Taichung



WWD, Taipei



PROUT office



Ánanda Suruci MU



## Taipei food distribution

On February 12th, 140 boxes of cooked food and cake were distributed to the homeless people at Taipei Main Station, to commemorate Nillakantha Divas.







## Taipei Jagrti

Ác. Rudranathánanda Avt. has been holding seminars and new year's celebration in Taipei jagrti.

First Phase Seminar was held at Taipei jagrti on Sunday Feb. 5. At least 25 people attended. It was followed by 3 hours AK.





## Taipei SDM

Ác. Candreshvaránanda Avt. Has been conducting many activities in SDM, such as sadhana shivirs, akhanda kiirtan for kiirtan parikrama and various festival celebrations.

On the occasion of New Year, 15 hours Akhan'd'a kiirtana was done in SDM Taipei from 4.00 PM on 31st December 2022 to 7.00 AM on 1st January, 2023 followed by sádhaná, BÁBÁ's video, Ánanda Ván'ii reading in 13 languages. About 80 Márgiis and 6 Ácáryas attend the function.



## Chinese New year

Chinese New Year was celebrated in SDM Taipei on 4th February 2023 followed by 3 hours Akhan'd'a kiirtana and about 65 Márgiis and Dadas and Didis attended the program.



## Spring festival

Spring Festival (Vasantotsava) was celebrated in SDM Yi-Tong Taipei on 8th March 2023 and 15 Márgiis and Dadas and Didis attended the program.





## University Yoga and Meditation class, Tainan

Ác. Priyabodhánanda Avt. has started the first semester of this year's university yoga club with 25 participants.



## New year's celebration, Kaoshiung

New year was celebrated in Kaoshiung jagrti led by Ác. Priyabodhánanda Avt.





## WWD

A house entry ceremony was held for the new WWD office in Yilan, Taiwan. The office was offered by margiis to be used by Didis.



## Prout workshop

Avtk. Ánanda Kalyánshrii Ác. (SWWS HK ) organised a two-day PROUT workshop for sisters. 15 person got benefited by this program and got inspired to do more PROUT workshops in future.



## Art classes

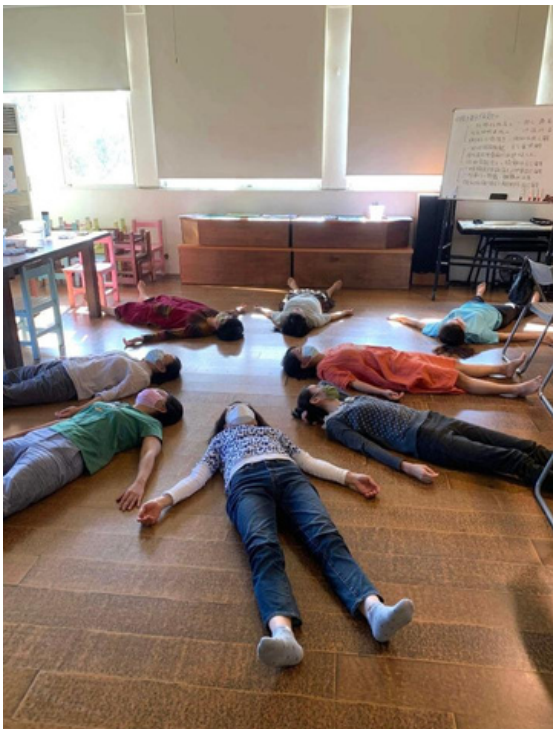
Taipei WWD Unit Secretary, sister Ishpita organised Art class for sisters.





## Women's day

A program for mother's and children was organised during International Women's day.

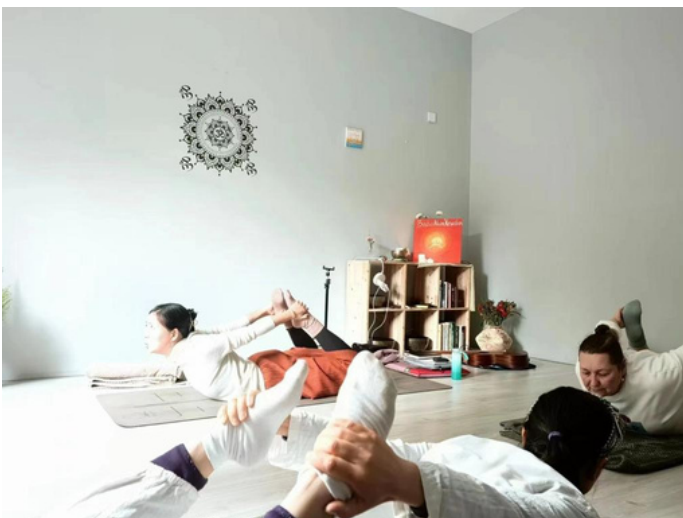




## HBM Regions

### Detox camp

A detox camp was held in WH.



### Kiirtan and meditation workshop

Dada Shukadeva Brc. led a kiirtan and meditation workshop.





## New year's celebration



## Service

- PCAP activities in WH
- Wuhan unit margiis set up a kids library and support countryside family.







Sadhana workshop, SZ



## Meditation workshop, HK

Ác. Krsnamayananda Avt. has been conducting weekly meditation workshops in HK.





## Narayana seva, HK



## Monthly PCAP activities, HK



## Fasting camp, HK





## Seoul Region

### Seminars

1st phase seminar was held in Ananda Karnika under the guidance of Āc. Shubhaniryaśánanda Avt., SS HK.



### Collecting funds for Turkey

Collected and sent \$6,300 to help with earthquake relief in Turkey.

Mukulvasuji the president of the universal cultural centre collected funds to support Turkey earthquake victims and donated ₩3 million to AMURT.



### Beginners retreat

Āc. Indrajit Brc. conducted a beginners retreat for 15 people in Seoul.





## Service to animals

Daejeon Unit conducts regular volunteer service every month at Zion shelter, a private stray dog shelter in Daejeon.



## WWD activities

Avtk. Ánanda Vartiká Ác. organised a vegan party in the organic cultural centre, where participants learnt kaoshikii and neo-humanist meditation.



## Fundraising for WWD office





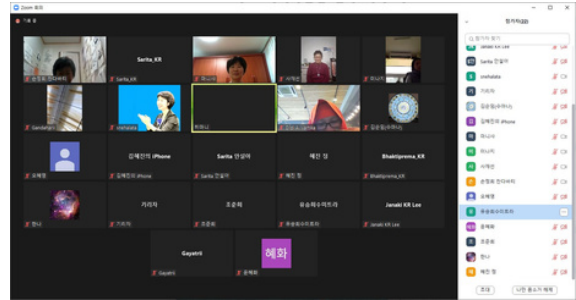
## Detox camp

6 day detox camp in female farmer's centre in Hongdong was held. 12 sisters attended, online & offline.



## PWSA online seminar

PWSA online seminar on the occasion of women's day, 2 lectures and 2 talks, 24 sisters attended.



## Tokyo Region

### Monthly gatherings in Tokyo

3 monthly gatherings in Tokyo with satsaunga and seminars with Margiis from Tokyo, Kanagawa, Yokohama, Kansai and participant friends from Russia, china and Philippines.

Around 15 people present.

Ác. Íśtamaya Brc. arrived in Tokyo after travel obstacles created by Covid 19.



### AMURT Japan

AMURT Japan participated in local NGO meetings to update training for disaster relief and coordination.

AMURT Japan also carries out regular Sadavratas for the homeless in Osaka, about once a week.



### Farming

Ác. Vijitátmánanda Avt. and Santosh do farming on two plots of land near the Jagrti in Shirahama. Planting seasonal vegetables such as potatoes, lettuce.



### Cultural gatherings

Cultural gathering with local friends around Shirahama and Tanabe are held, sharing traditional dances and songs. These events often take place one day during the regional conferences.







## Yoga and meditation class for families recovering from addiction

A special class was given by Āc. Vijitātmánanda Avt. for the families of the recovery from addiction group in Osaka in March.

The efficiency of Yoga asanas, Kaoshikii, Kiirtan and meditation was liked and much appreciated.

There were around 35 people both offline and online.



## Radio talk

In January, a radio talk with Dada was given for the Local Wakayama Radio program, about Ananda Marga, Yoga house and its activities. Talks take place weekly for 30 minutes and every guest introduces the next chosen guest.



## Ulaanbaatar Region

### Jagrti renovations

Dada Trilokesh Brc. put his energy into repairing Ulaanbaatar jagrti. Currently renovations are underway to restore the jagrti.





## Vladivostok Region

### Vladivostok Diocese, Ananda Annapurna MU

#### New year's celebration

January 1-3 New Year program in Ánanda Annapurna MU. 30 Margiis were present.  
January 3-8 Five days Kiirtan in Ánanda Annapurna. 50 Margiis were present, led by Ác. Purushottama Brc. and Ác. Indrajita Brc.



#### Yoga weekends & beginners retreat

Regular yoga weekends are being held in Ananda Annapurna for completely new people to give them a taste of sattvika lifestyle.

Ác. Indrajita Brc. conducted a retreat for beginners in February for 15 participants.







## Pracar activities

In January & February Āc. Indrajīta Brč. conducted lectures and collective meditations for beginners in Vladivostok. More than 40 people attended.





## Irkutsk Diocese

### Seminars

17-19 February. Seminar for margiis in Irkutsk.  
13 people were present, led by Dada Indrajitiita.

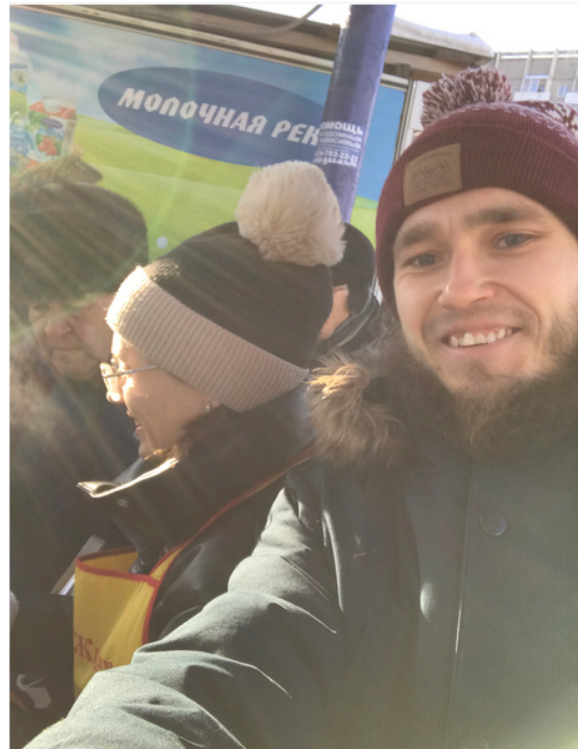
### New inspiration for margiis

Ác. Shubhacintánanda Avt. visited Irkutsk and conducted a number of activities for Margiis, such as lectures and a baby naming.



## Service

Dada Triloksha Brc. together with Margiis organised a feeding program for the homeless and needy once a week for 15-30 people.





## Novosibirsk Diocese

### Ānanda Shivānii MU

Dada Yukteshvara Brc. has been managing the development and activities of Ananda Shivanii.

### Brothers LFT Training

Training was conducted by: Āc. Shubhachintananda Avt., Dada Yuktesvara Brc., Āc. Iśāmaya Brc.

- ✓ 8 brothers completely the training.
- ✓ 5 new LFT brothers were created.



### 5-day New year's kiirtan

Akhanda Kirtan at Ananda Shivani MU (January 3-8) turned participants from different parts of the country into one big family in 5 days.

Number of participants: ~110

Number of musicians: ~50

Attended by 5 acayas who gave various lectures and programs





## Silence retreat

On February 23-26, a silence retreat was held, in which 36 people participated (not counting local residents and volunteers), 6 people received a personal lessons.



## Ananda Shivanii Telegram channel

- Number of followers: 657
- Number of posts: 128
- Number of views: ~113 920
- Reactions: 3 337
- The total amount of your donations: 2 million. 25 thousand ₺



## Service activities

Regular trips to orphanages and nursing homes are organised holding various entertainment activities for children and adults.



## RAWA

Regular RAWA programs are held every month.





## Hotel business

Ánanda Shivánii MU has started providing accomodation for margiis who wish to stay iat the Master Unit for various amounts of time.



## Spice business

- There are 2 new permanent volunteers
  - Held a big pre-Christmas sale for margiis
- 31 requests - 1655 bags of spices (almost all orders sent)



## Classes and lectures

Regular classes and lectures are given by local and visiting workers.





## Acraya visit and winter activities

Brcii. Liilámayii Ác., RSL Vladivostok made a 1 month tour of Siberia, visited 6 cities, held various programs and winter activities for margiis.



## India tour

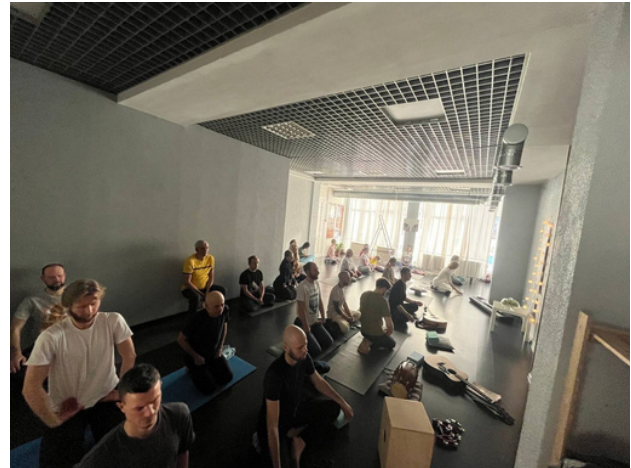
Didi Liilámayii organised a tour of India for 18 Margiis from Russia.





## Programs for margiis

Dada Shiva Brc. organised programs for margiis wich were attended by Ác. Shubhacintánanda Avt. and Brcii. Liilámayii Ác. in Novosibirsk.





## Yekaterinburg Diocese

Dada Trilokesh Brc. visited Yekaterinburg diocese and conducted a number of lectures and asana classes for beginners in Perm, Chelyabinsk and Tyumen. He also gave a talk at a rehabilitation centre for the mentally ill in Perm.





## Tashkent Region

### First New year's seminar in Tashkent region.

On January 2nd - 5th Tashkent region held its first new year seminar in Bishkek, led by Brcii. Sushraddha Ác. and Dada Nityabodha Brc. Around 30 margiis attended.



### Pracar activities

Regular mantra jams for the public, regular lectures twice a week and one-day retreats for beginners are being held by margiis and workers in Bishkek.

### New service in Bishkek

Regular Narayan sevas have started in Bishkek, feeding around 40 people weekly.

Margiis are also working with single mothers to support them with groceries and help them to find work.

There are plans to start a cooperative to help the single mothers become independent.





## Beginner's programs in new cities

Dada Nityabodha Brc. gave a lecture in Karaganda for 17 people and held a 3 day program in Shimkent for 30 people.

## Pracar activities in Tashkent

Dada Nityabodha Brc. and Brcii. Sushraddhá Ác. conducted a beginner's retreat in Tashkent for 20 people.

Brcii. Sushraddhá Ác. gave art therapy classes, lectures and collective meditations for beginners in eco cafe and Westminster university.







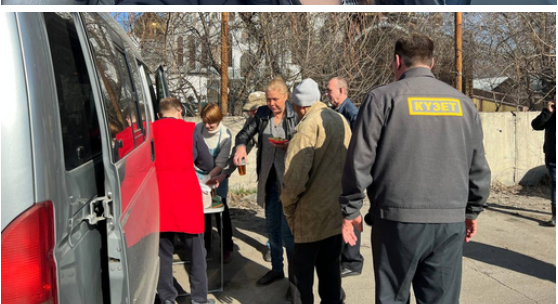
## Beginners retreat, Almaty

A 4-day beginners program was held in Almaty by Brcii. Sushraddhá Ác.



## New service in Almaty

Weekly mass feedings have been started in Almaty by margiis. Since January 390 people have been fed. Clothes, shoes and stationary have also been collected to help single mothers and their children.





## VMT Regions News

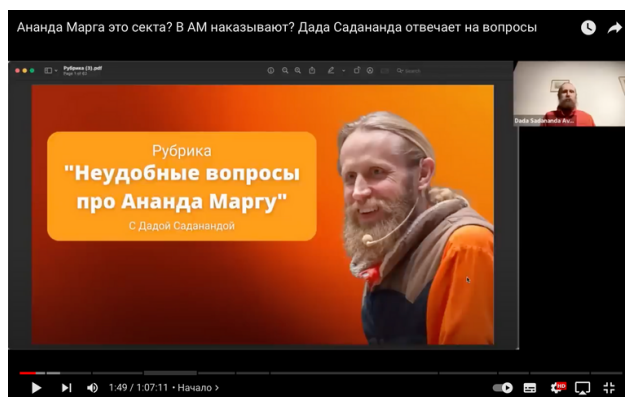
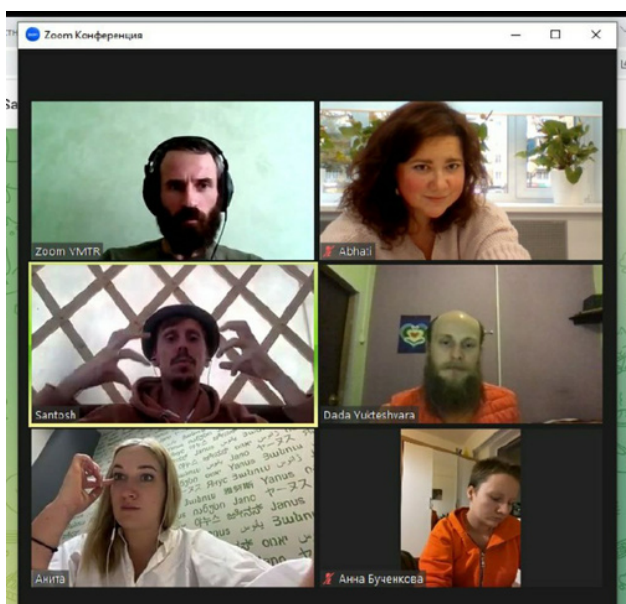
### Department news

#### PR department:

- A series of videos were made in which Āc. Sadānanda Avt. answered questions about AM. The video was published for the margiis.
- Webinars about AM structure were made.

#### Care fund:

- Providing support for newly married couples, new births, acarya's families, acarya's health and margiis in difficult situations.



### Big Akhanda kiirtans Russia

Āc. Istamaya Brc. has been leading the organisation of a number of long Akhanda kiirtans. Such as, but not limited to:

- 3 days akhanda kiirtan and marriage ceremony in Tver.
- 24 hours Akhanda kiirtan and RAWA program in Krasnodar. Around 50 people attended.
- Akhanda kiirtan in Saratov, attended by 17 people
- 5-8 January, New year's akhanda kiirtan in Tver with the participation of 150 people.







## Narayana seva

Around 4,000 people were fed over the course of one month.







## Cultural programs

RAWA programs are held weekly and for holidays.



## Sisters conference

Avtk. Ánanda Sainjaná Ác. conducted a sisters conference, 8-11 March in Rostov-on-Don with 30 participants.







## Indian spiritual tours

Avtk. Ánanda Sainjaná Ác. took a group of 10 margiis and 2 LFTs to India, 26 Dec-20 Jan 2023.



Ác. Istamaya Brc. and Dada Abhidhyana Brc. made a spiritual tour for margiis.







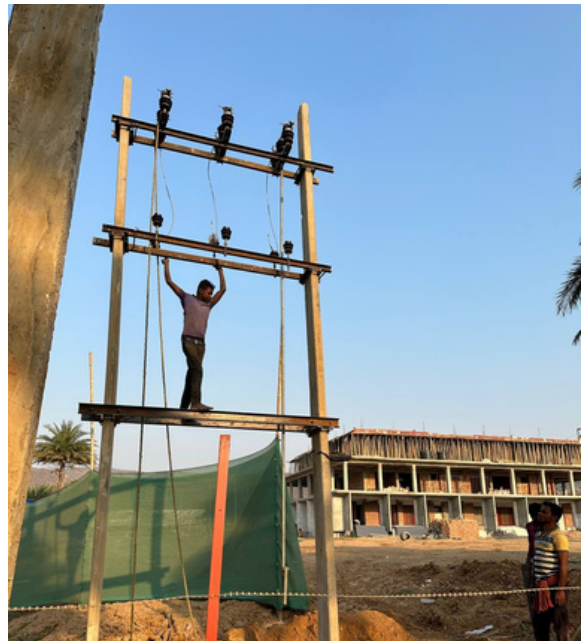


## Ánanda Sambhúti Master Unit, Baba Nagar, Jamalpur The Birth Place of Bábá, Shrii Shrii Ánandamúrtijii

A lot of progress has been made in the developments in construction of Ánanda Sambhúti master unit, by the efforts of Ác. Shubhaniryaśánanda Avt. 80% of the first floor has been completed for living purposes, the second floor and ground floor have also been completed.

Electricity is in process of being installed and the boundary wall is also in the process of being constructed.

Around 75 margiis visited Ánanda Sambhúti from different countries, over the last 3 months.



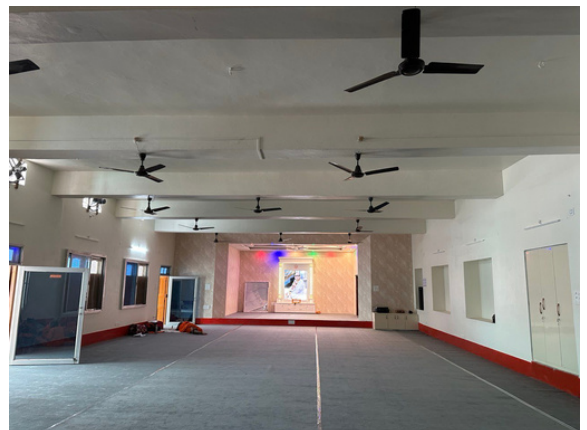




Construction of toilets



Renovations of Bábá's quarter





## Opening ceremony



## Distribution of food, blankets and medicine

2500 people were benefitted.



## Dispensary opened in January







Meeting with director of airport authority



Margii visits



[www.jamalpur.amps.org](http://www.jamalpur.amps.org)  
[www.facebook.com/amjamalpurproject](https://www.facebook.com/amjamalpurproject)

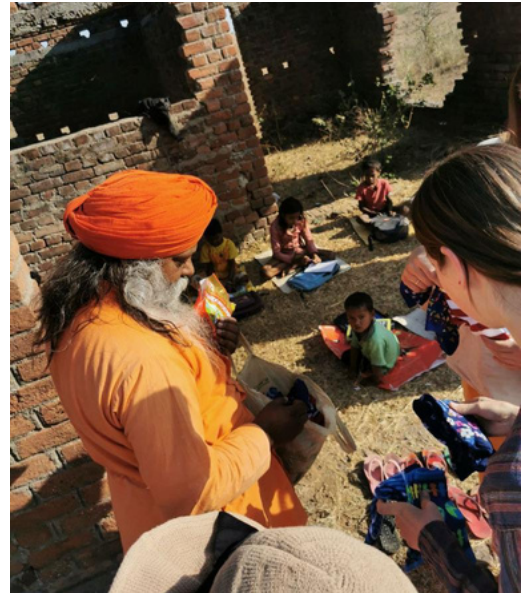


## Ānanda Nagar

Activities for visiting Russian margiis were organised in the village schools by RM Dada. Hong Kong Sector is continuing to support the village school projects under the guidance of Āc. Shubhaniryasananda Avt., SS Hong Kong.









## Workers of Hong Kong sector



Āc. Shubhaniryásánanda Avt.  
- SS HK



Āc. Yogánanda Avt.  
- SOS HK



Āc. Candreshvaránanda Avt.  
- CSD HK



Āc. Shubhacintánanda Avt.  
- RU/RAWA HK



Āc. Priyabodhánanda Avt.  
- AMSD HK



Āc. Vijitatmánanda Avt.  
- INPRO/ FARPRO HK



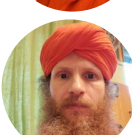
Āc. Sadánanda Avt.  
- Commerce HK



Āc. Cittarainjánanda Avt.  
- Farm/ SB HK



Āc. Krsnamayánanda Avt.  
- RS Hong Kong



Āc. Gunátmánanda Avt.  
- RS Vladivostok



Āc. Jivamukta Brc.  
- RS Macau



Āc. Purushottama Brc.  
- RS Seoul



Āc. Rudranáthánanda Avt.  
- DS Taipei



Āc. Caetanyánanda Avt.  
- DS Taichung



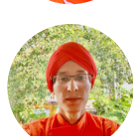
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Dada Shiva Brc.  
- DS Hong Kong



Dada Trilokesh Brc.  
- DS Ulaanbaatar



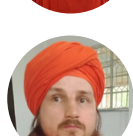
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Yekaterinburg



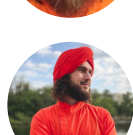
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- RS Ulaanbaatar & Asst. Rector  
Ananada Karnika



Dada Yuktेशvara Brc.  
- Asst. Rector Ananada Shivánii



## Workers of Hong Kong sector



Avtk. Ánanda Kalyánshrii Ác.  
- SWWS HK



Avtk. Ánanda Sainjaná Ác.  
- HPMGL HK



Avtk. Ánanda Shivánii Ác.  
- RSL Taipei & Tokyo



Avtk. Ánanda Amalá Ác.  
- RSL Macau



Avtk. Ánanda Vartiká Ác.  
- RSL Ulaanbaatar



Brcii. Sushraddhá Ác.  
- RSL Tashkent



Brcii. Liilámayii Ác.  
- RSL Vladivostok



Avtk. Ánanda Vidyá Ác.  
- DSL Taipei



Brcii. Arpitá Ác.  
- DSL Kaoshiung & Asst. Rector  
L Ánanda Mátriká

"O tranquil sádhaka! Sádhana is your great bow. Set the arrow of your mind, sharpened with meditation, on this bow. Now inclining your mind toward Him, pluck and twang the string of the bow and pierce your target – that indestructible Supreme Soul."

Shrii Shrii Ánandamúrtijii







# Mahāvishva

Ānanda Mārga Pracāraka Saṁgha  
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